The InterContinental Miami

- Case-based learning
- Small-group setting
- Peer-to-peer education
- Expert faculty

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Leadership

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David W. Fabi, MD
Jared R.H. Foran, MD
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Erik N. Hansen, MD
Carlos A. Higuera, MD
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Dino Aguilar Martinez, MD
J. Bohannon Mason, MD
David J. Mayman, MD
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Suresshan Sivananthan, MD
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Education

EDUCATIONAL ACTIVITY SCOPE
The 2017 AAHKS Annual Meeting is designed to provide practicing orthopaedic surgeons with research based, state-of-the-art information on diagnosis, surgical and non-surgical treatment options and overall management of hip and knee conditions. This educational activity includes the review of the most current scientific research study findings, faculty and participant discussions and interactive symposia. It covers multiple clinical topics such as primary and revision total hip arthroplasty, primary and revision total knee arthroplasty, non-arthroplasty, infection, complications other than infection as well as health policy. It is aimed at improving overall surgeon competence related to the care of patients with arthritis and degenerative disease.

OBJECTIVES
Upon completion of this educational activity, participants will be able to:
• Synthesize the most current research study findings in hip and knee condition management
• Evaluate various surgical and non-surgical treatment options (e.g., primary total joint arthroplasty, revision total joint arthroplasty, non-arthroplasty) in hip and knee condition management
• Assess the efficacy of new treatment options through evidence-based data
• Interpret relevant healthcare policy

The American Society of Regional Anesthesia (ASRA) takes part in a co-branded symposium, “Managing the Opioid Epidemic: The Role of the Orthopaedic Surgeon and Anesthesiologist” on Saturday, November 4, 2017.

ACCREDITATION AND CREDIT DESIGNATION
The American Association of Hip and Knee Surgeons (AAHKS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Association of Hip and Knee Surgeons (AAHKS) designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLAIMER
The material presented at this Annual Meeting has been made available by AAHKS for educational purposes only. This material is not intended to represent the only, nor necessarily the best methods or procedures appropriate for the medical situations discussed; but rather, is intended to present an approach, view, statement or opinion of the faculty, which may be helpful to others who face similar situations. AAHKS disclaims any and all liability for injury or other damages resulting to any individual attending a course and for all claims, which may arise out of the use of the techniques, demonstrated there in by such individuals, whether these claims shall be asserted by a physician or any other person.

CONTENT AGREEMENT
By attending in the Annual Meeting, participants acknowledge and agree that AAHKS and/or its agents may record the Program and related events, use audio and video recordings, presentation materials such as slides and abstracts for AAHKS’s purposes, including but not limited to other educational products, news, advertising and promotional purposes, without compensation.

FDA STATEMENT
Some pharmaceuticals and/or medical devices demonstrated at the Annual Meeting have not been cleared by the US Food and Drug Administration (FDA) or have been cleared by the FDA for specific purposes only. The FDA has stated that it is the responsibility of the physician to determine the FDA clearance status of each pharmaceuticals and/or medical device he or she wishes to use in clinical practice. The AAHKS policy provides that “off label” status of the device or pharmaceutical is also specifically disclosed (i.e. that the FDA has not approved labeling the device for the described purpose). Any device or pharmaceutical is being used “off label” if the described use is not set forth on the product’s approved label.
Education

DISCLOSURE
Each participant in the Annual Meeting has been asked to disclose if he or she has received something of value from a commercial company or institution, which relates directly or indirectly to the subject of their presentation. These are the disclosure categories:

- Nothing to disclose
- Royalties from a company or supplier
- Speakers bureau/paid presentations for a company or supplier
- Paid employee for a company or supplier
- Paid consultant for a company or supplier
- Unpaid consultant for a company or supplier
- Stock or stock options in a company or supplier
- Research support from a company or supplier as a PI
- Other financial or material support from a company or supplier
- Royalties, financial or material support from publishers
- Medical/Orthopaedic publications editorial/governing board
- Board member/committee appointments for a society

An indication of the participant’s disclosure appears after his or her name as well as the commercial company or institution that provided the support. AAHKS does not view the existence of these disclosed interests or commitments as necessarily implying bias or decreasing the value of the author’s participation in the course. A complete list of disclosures can be found at www.AAHKS.org/Meeeting.

Educational Grants
AAHKS wishes to thank DePuy Synthes Smith & Nephew Stryker Zimmer Biomet for their generous educational grants that make the Annual Meeting possible.
# Schedule

## Wednesday, November 1, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 a.m. – 5:00 p.m.</td>
<td><strong>Exhibit Set-Up</strong></td>
<td>Exhibit Hall / Learning Center</td>
</tr>
</tbody>
</table>

## Thursday, November 2, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 a.m. – 8:00 p.m.</td>
<td><strong>Registration</strong></td>
<td>Peacock Foyer</td>
</tr>
<tr>
<td>10:00 a.m. – 5:00 p.m.</td>
<td><strong>Exhibit Set-Up</strong></td>
<td>Exhibit Hall / Learning Center</td>
</tr>
<tr>
<td>1:00 – 5:00 p.m.</td>
<td><strong>Poster Set-Up</strong></td>
<td>Exhibit Hall / Learning Center</td>
</tr>
</tbody>
</table>

## Industry Symposia

- Industry sponsored events are separate from the official program planned by the AAHKS Annual Meeting Program Committee and **DO NOT offer AMA PRA Category 1 Credit™**, unless noted.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 – 9:30 a.m.</td>
<td>Hip Fracture: Pain Management Impacting Delirium, Morbidity, and Mortality</td>
<td>Grand Ballroom E</td>
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<tr>
<td></td>
<td><strong>Halyard Health</strong></td>
<td></td>
</tr>
<tr>
<td>10:00 a.m. – 12:00 p.m.</td>
<td>An Evidence-Based Update on Closed Incision Negative Pressure Therapy for High-Risk Surgical Incision</td>
<td>Grand Ballroom B</td>
</tr>
<tr>
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<td><strong>Acelity</strong></td>
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</tr>
<tr>
<td>10:00 a.m. – 12:00 p.m.</td>
<td>Site of Service and Trends in Total Joint Commercial Bundles</td>
<td>Grand Ballroom E</td>
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<tr>
<td></td>
<td><strong>Surgical Care Affiliates</strong></td>
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</tr>
<tr>
<td>12:30 – 2:30 p.m.</td>
<td>Enhancing Patient Care and Surgeon Quality of Life through Industry Partnerships: The Era of Value-Driven Decisions</td>
<td>Grand Ballroom D</td>
</tr>
<tr>
<td></td>
<td><strong>DJO Global</strong></td>
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</tr>
<tr>
<td>12:30 – 2:30 p.m.</td>
<td>Optimizing the Episode: Improving Total Joint Outcomes and Cost in the Era of Bundled Payments</td>
<td>Grand Ballroom E</td>
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<tr>
<td></td>
<td><strong>Medtronic</strong></td>
<td></td>
</tr>
<tr>
<td>3:00 – 5:00 p.m.</td>
<td>Change the Face of the Opioid Landscape One Patient at a Time with Multimodal Treatment Approach</td>
<td>Grand Ballroom B</td>
</tr>
<tr>
<td></td>
<td><strong>DePuy Synthes/Pacira Pharmaceuticals</strong></td>
<td></td>
</tr>
<tr>
<td>3:00 – 5:00 p.m.</td>
<td>Same-Day Surgery: Transitioning to Outpatient Total Joints</td>
<td>Grand Ballroom E</td>
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<tr>
<td></td>
<td><strong>Medtronic</strong></td>
<td></td>
</tr>
<tr>
<td>3:00 – 5:00 p.m.</td>
<td>From Theory to Reality: Successfully Delivering Value-Based TJA in a Non-Hospital Setting</td>
<td>Grand Ballroom A</td>
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<tr>
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<td><strong>Muve Health</strong></td>
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</tr>
<tr>
<td>3:00 – 5:00 p.m.</td>
<td>How to Fix the US Health Care System: The Value Agenda from Different Perspectives</td>
<td>Grand Ballroom D</td>
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<tr>
<td></td>
<td><strong>Stryker</strong></td>
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<tr>
<td>4:00 – 5:30 p.m.</td>
<td><strong>International Reception</strong> (invitation only)</td>
<td>Topaz Room</td>
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<tr>
<td></td>
<td>Co-Hosted by AAHKS, the Colombian Orthopaedic and Traumatology Society and The European Hip Society</td>
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</tr>
<tr>
<td>5:00 – 7:00 p.m.</td>
<td><strong>AAHKS Board of Directors Meeting</strong> (invitation only)</td>
<td>Wedgwood Ballroom</td>
</tr>
<tr>
<td>7:00 – 7:15 p.m.</td>
<td><strong>FARE Board of Directors Meeting</strong> (invitation only)</td>
<td>Wedgwood Ballroom</td>
</tr>
</tbody>
</table>
## Schedule

**Friday, November 3, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 a.m.–7:30 p.m.</td>
<td><strong>Registration</strong></td>
<td>Peacock Foyer</td>
</tr>
<tr>
<td>6:00–8:00 a.m.</td>
<td><strong>Breakfast for All Attendees</strong></td>
<td>Exhibit Hall/ Learning Center</td>
</tr>
<tr>
<td>6:00 a.m.–2:55 p.m.</td>
<td><strong>AAHKS and Guest Society Poster Exhibition</strong>&lt;br&gt;<em>Thank you, Corporate Partner Stryker</em></td>
<td>Exhibit Hall/ Learning Center</td>
</tr>
<tr>
<td>6:00 a.m.–2:55 p.m.</td>
<td><strong>Exhibit Hall/Learning Center Open</strong></td>
<td>Exhibit Hall/ Learning Center</td>
</tr>
<tr>
<td>6:00 a.m.–9:00 p.m.</td>
<td><strong>Surgical Technique Video Viewing</strong></td>
<td>Rotunda</td>
</tr>
<tr>
<td>7:00 a.m.–2:30 p.m.</td>
<td><strong>Orthopaedic Team Member Course</strong>&lt;br&gt;<em>Co-Chair: Jason M. Hurst, MD</em>&lt;br&gt;<em>Co-Chair: James A. Browne, MD</em></td>
<td>Cortez</td>
</tr>
<tr>
<td>7:00 a.m.–2:30 p.m.</td>
<td><strong>The Business of Total Joint Replacement: Surviving and Thriving</strong>&lt;br&gt;<em>Co-Chair: Jay R. Lieberman, MD</em>&lt;br&gt;<em>Co-Chair: William A. Jiranek, MD, FACS</em></td>
<td>Wedgwood Ballroom</td>
</tr>
<tr>
<td>7:00 a.m.–2:30 p.m.</td>
<td><strong>AAHKS Resident Course</strong>&lt;br&gt;<em>Thank you, Corporate Partners DePuy Synthes and Stryker</em>&lt;br&gt;<em>Chair: Gregory G. Polkowski II, MD, MSc</em>&lt;br&gt;<em>Co-Chair: Samuel S. Wellman, MD</em></td>
<td>Senators Lecture Hall</td>
</tr>
</tbody>
</table>

### Industry Symposia

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:30–9:30 a.m.</td>
<td>Why 3D Weightbearing Planning from EOS Images can Drive Better Clinical Outcomes in THA&lt;br&gt;<em>EOS Imaging</em></td>
<td>Grand Ballroom A</td>
</tr>
<tr>
<td>7:30–9:30 a.m.</td>
<td>Novel Non-Opioid Techniques for Chronic Knee and Hip Pain for Non-Operative Patients&lt;br&gt;<em>Halyard Health</em></td>
<td>Grand Ballroom E</td>
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<tr>
<td>7:30–9:30 a.m.</td>
<td>Tackling Your Toughest Cases in the Changing Healthcare Landscape&lt;br&gt;<em>MicroPort</em></td>
<td>Grand Ballroom D</td>
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<tr>
<td>10:00 a.m.–12:00 p.m.</td>
<td>Outpatient Total Joint Arthroplasty: Economics, Protocols, and Challenges&lt;br&gt;<em>Corentec</em></td>
<td>Grand Ballroom A</td>
</tr>
<tr>
<td>10:00 a.m.–12:00 p.m.</td>
<td>Technology Advancements in Anterior Approach&lt;br&gt;<em>DePuy Synthes Hip</em></td>
<td>Grand Ballroom B</td>
</tr>
<tr>
<td>10:00 a.m.–12:00 p.m.</td>
<td>Closing the Gap on Patient Satisfaction: Hand-Held Robotic Assisted Knee Solutions&lt;br&gt;<em>Smith &amp; Nephew Orthopaedics</em></td>
<td>Grand Ballroom E</td>
</tr>
<tr>
<td>10:00 a.m.–12:00 p.m.</td>
<td>Mako Total Knee: Live Robotic-Arm Assisted Surgery&lt;br&gt;<em>Stryker</em></td>
<td>Metropolitan Ballroom Mezzanine Level</td>
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<tr>
<td>9:45–11:30 a.m.</td>
<td><strong>Resident Course Breakouts</strong></td>
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<td>Life after Residency: Choosing a Practice</td>
<td>Opal</td>
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<td>Revision TKA</td>
<td>Coral</td>
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<td>Revision THA</td>
<td>Emerald</td>
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<td>FAI, DDH, and Hip Preservation</td>
<td>Governors</td>
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<td>Principles of Primary TKA</td>
<td>Sapphire</td>
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<tr>
<td></td>
<td>Principles of Primary THA</td>
<td>Topaz</td>
</tr>
</tbody>
</table>
11:00 a.m.–1:00 p.m. | Lunch for All Attendees | Exhibit Hall/ Learning Center
12:00–12:45 p.m. | Reception to Honor Senator John Barrasso, MD (RSVP required) | Room TBD
12:45–2:00 p.m. | Ask the Experts Case Sessions | Grand/Chantilly Ballrooms

Thank you, Corporate Partner United Surgical Partners

Primary Hip
Panelists: William J. Hozack, MD; Thomas K. Fehring, MD; Adolph V. Lombardi Jr., MD; Daniel J. Berry, MD; Rafael Perez, MD

Primary Knee
Panelists: Trevor G. Murray, MD; Scott M. Sporer, MD; Kirby D. Hitt, MD; Cesar Rocha, MD

Revision Hip
Panelists: David G. Lewallen, MD; Wayne G. Paprosky, MD; John J. Callaghan, MD; Craig J. Della Valle, MD

Revision Knee
Panelists: Bryan D. Springer, MD; Javad Parvizi, MD; Robert M. Molloy, MD; Raymond H. Kim, MD

Joint Preservation
Panelists: Christopher L. Peters, MD; Stephen T. Duncan, MD; Cecilia Pascual-Garrido, MD; Joel E. Wells, MD

12:45–2:30 p.m. | Resident Course Breakouts | Opal

Life after Residency: Choosing a Practice
Revision TKA
Revision THA
FAI, DDH, and Hip Preservation
Principles of Primary TKA
Principles of Primary THA

12:45–2:55 p.m. | Break | Exhibit Hall/ Learning Center

2:55 p.m. | President's Welcome to the 2017 AAHKS Annual Meeting | Trinity Ballroom

Mark I. Froimson, MD, MBA

3:00–3:15 p.m. | Advocacy Address by US Senator John Barrasso, MD | Trinity Ballroom

3:15–4:23 p.m. | Session One: Complications | Trinity Ballroom

Moderators: R. Michael Meneghini, MD and Jay R. Lieberman, MD

3:15 p.m. | Paper #1 | Stefano A. Bini, MD

Mobile Patient Engagement Platforms May Help Reduce 30-Day Readmission Rates in Arthroplasty Patients
San Francisco, California

3:21 p.m. | Paper #2 | Mhamad Faour, MD

Low-Dose Aspirin is as Safe and Effective a Prophylaxis as High-Dose Aspirin for Venous Thromboembolism after Total Hip Arthroplasty
Cleveland, Ohio

3:27 p.m. | Paper #3 | Yale A. Fillingham, MD

Tranexamic Acid in Total Joint Arthroplasty: Safe and Effective for All Patients?
Chicago, Illinois

3:33 p.m. | Paper #4 | Anthony J. Boniello, MD

Complications and Mortality Following Total Hip Arthroplasty in Octogenarians: An Analysis of a National Database
Philadelphia, Pennsylvania
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter and Location</th>
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</thead>
<tbody>
<tr>
<td>3:39 p.m.</td>
<td>Discussion</td>
<td></td>
</tr>
<tr>
<td>3:49 p.m.</td>
<td><strong>Paper #5</strong> Race, Medicaid Insurance, BMI and Female Gender Correlated with Consistently Lower HOOS JR Scores</td>
<td>Kwesi St. Louis, MD Pittsburgh, Pennsylvania</td>
</tr>
<tr>
<td>3:55 p.m.</td>
<td><strong>Paper #6</strong> Press Ganey Patient Satisfaction Scores do not Correlate with Patient Reported Outcomes after Joint Replacement</td>
<td>Jeremy M. Gililland, MD Salt Lake City, Utah</td>
</tr>
<tr>
<td>4:01 p.m.</td>
<td><strong>Paper #7</strong> Psychological Factors Associated with failure to Complete a Short-Stay Total Hip Arthroplasty Protocol</td>
<td>Adam I. Edelstein, MD Chicago, Illinois</td>
</tr>
<tr>
<td>4:07 p.m.</td>
<td><strong>Paper #8</strong> Treated vs. Un-Treated Depression in Total Joint Arthroplasty Impacts Outcomes</td>
<td>Christopher E. Pelt, MD Salt Lake City, Utah</td>
</tr>
<tr>
<td>4:13 p.m.</td>
<td>Discussion</td>
<td></td>
</tr>
<tr>
<td>4:23 – 4:25 p.m.</td>
<td>Guest Society Recognition Colombian Orthopaedic and Traumatology Society and European Hip Society</td>
<td>Presented by Mark I. Froimson, MD, MBA and Stefano A. Bini, MD</td>
</tr>
<tr>
<td></td>
<td>Telehealth From Video Visits to Holograms, from Virtual ICUs to Patient Engagement Platforms: Tele-Orthopaedics is Going to Change Where and How We Deliver Care</td>
<td>Jonathan L. Schaffer, MD, MBA</td>
</tr>
<tr>
<td></td>
<td>3D Printing From Printing Prosthetics to Bioscaffolds, from Printing Instruments to Living Tissue: What Can We Print Now That We Could Only Dream of Building Before? The 3D Revolution is Here</td>
<td>Kenneth B. Trauner, MD</td>
</tr>
<tr>
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<td>Robotics and Automation From Robotic-Assisted Surgery to Humanoid Cyborgs: Providing Empathetic Care, from Neurally-Activated Prosthetics to Futuristic Exoskeletons: Was Huxley Right?</td>
<td>Brian S. Parsley, MD</td>
</tr>
<tr>
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<td>Artificial Intelligence and Machine Learning From Decision Support to Deep Neural Networks, from Predictive Analytics to Learning Algorithms: What Does Watson Have in Store for Us?</td>
<td>Stefano A. Bini, MD</td>
</tr>
<tr>
<td></td>
<td>Discussion</td>
<td>Mark I. Froimson, MD, MBA</td>
</tr>
<tr>
<td>5:25 – 5:29 p.m.</td>
<td><strong>AAHKS Humanitarian Award</strong></td>
<td>Presented by Brian S. Parsley, MD</td>
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<td>Time</td>
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<tr>
<td>5:29–6:29 p.m.</td>
<td><strong>Symposium II</strong> Lessons Learned from Effective Models of Joint Replacement Care in the United States</td>
<td>Moderator and Introduction: Christopher L. Peters, MD</td>
</tr>
<tr>
<td></td>
<td>Focusing on Value in an Academic Environment: The Utah Experience</td>
<td>Christopher E. Pelt, MD</td>
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<td></td>
<td>Maximizing Physician-Hospital Alignment: The Rothman Experience</td>
<td>William J. Hozack, MD</td>
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<td></td>
<td>Outpatient-Focused Joint Replacement is the Future: The Midwest Center for Joint Replacement Experience</td>
<td>Michael E. Berend, MD</td>
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<td>Joint Replacement in a Capitated Single-Payer System: The Kaiser Experience</td>
<td>Monti Khatod, MD</td>
</tr>
<tr>
<td></td>
<td><strong>Discussion</strong></td>
<td>Christopher L. Peters, MD</td>
</tr>
<tr>
<td>6:30–7:30 p.m.</td>
<td><strong>Poster Reception for All Attendees</strong></td>
<td>Exhibit Hall / Learning Center</td>
</tr>
<tr>
<td>6:30–7:30 p.m.</td>
<td><strong>Exhibit Hall/Learning Center and Poster Exhibition Open</strong></td>
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</table>

**Saturday, November 4, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>6:00 a.m.</td>
<td><strong>5K Fun Run &amp; 1-Mile Walk Benefitting FARE</strong> Thank you sponsor, ConforMIS</td>
<td>Trinity Strand Trail – Start on Wycliff Ave. between the Anatole and Hilton Garden Inn</td>
</tr>
<tr>
<td>6:00 a.m.–7:30 p.m.</td>
<td><strong>Registration</strong></td>
<td>Peacock Foyer</td>
</tr>
<tr>
<td>6:00–7:00 a.m.</td>
<td><strong>Breakfast</strong></td>
<td>Exhibit Hall / Learning Center</td>
</tr>
<tr>
<td>6:00–7:00 a.m.</td>
<td><strong>Committee Informal Meetings</strong></td>
<td>Exhibit Hall / Learning Center</td>
</tr>
<tr>
<td>6:00 a.m.–7:30 p.m.</td>
<td><strong>Exhibit Hall/Learning Center Open</strong></td>
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</tr>
<tr>
<td>6:00 a.m.–7:30 p.m.</td>
<td><strong>AAHKS and Guest Society Poster Exhibition</strong> Thank you, Corporate Partner Stryker</td>
<td>Exhibit Hall / Learning Center</td>
</tr>
<tr>
<td>6:55–7:00 a.m.</td>
<td><strong>Program Chair Welcome</strong></td>
<td>Trinity Ballroom</td>
</tr>
<tr>
<td>7:00–7:56 a.m.</td>
<td><strong>Session Two: Primary Total Hip Arthroplasty</strong></td>
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<td></td>
<td><strong>Moderators:</strong> Scott M. Sporer, MD and Douglas A. Dennis, MD</td>
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<tr>
<td>7:00 a.m.</td>
<td><strong>Paper #9</strong> THA Patients with Fixed Spino-pelvic Alignment from Standing to Sitting at Higher Risk of Hip Dislocation</td>
<td>David J. Mayman, MD New York, New York</td>
</tr>
<tr>
<td>7:06 a.m.</td>
<td><strong>Paper #10</strong> Lumbar Fusion Involving the Sacrum Increases Dislocation Risk Eight-Fold in Total Hip Arthroplasty</td>
<td>Kevin I. Perry, MD Rochester, Minnesota</td>
</tr>
<tr>
<td>7:12 a.m.</td>
<td><strong>Paper #11</strong> Short-Term Complication Rates Following Outpatient Total Hip Replacement Equivalent or Better than Those of Inpatient Total Hip Replacement with the Implementation of Institutional Protocols</td>
<td>Mitchell C. Weiser, MD New York, New York</td>
</tr>
<tr>
<td>7:18 a.m.</td>
<td><strong>Discussion</strong></td>
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<tr>
<td>7:28 a.m.</td>
<td><strong>Paper #12</strong> Home Health Services are not Required Following Total Hip Arthroplasty</td>
<td>Roy I. Davidovitch, MD New York, New York</td>
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### Schedule

#### Saturday, November 4, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Session/Panel</th>
<th>Paper #13</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>7:34 a.m.</td>
<td></td>
<td>Pre-Operative Opioid Use Independently Predicts Increased Risk of Early Revision of THA</td>
<td>Nicholas A. Bedard, MD Iowa City, Iowa</td>
</tr>
<tr>
<td>7:40 a.m.</td>
<td></td>
<td>When do Patient Reported Outcome Scores Peak After Primary Unilateral TKR and THR?</td>
<td>David C. Ayers, MD Worcester, Massachusetts</td>
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<tr>
<td>7:46 a.m.</td>
<td></td>
<td>Discussion</td>
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<tr>
<td>7:56–8:56 a.m.</td>
<td>Symposium III</td>
<td>Prevention and Treatment of Instability Following THA: A Case-Based Symposium</td>
<td>Fares S. Haddad, MD</td>
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<td></td>
<td>Prevention of Dislocation Following THA</td>
<td>Fares S. Haddad, MD</td>
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<td></td>
<td>Investigation of the Unstable THA</td>
<td>R. Michael Meneghini, MD</td>
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<td>Dual Mobility in THA</td>
<td>Matthew P. Abdel, MD</td>
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<td>Constrained Liners</td>
<td>Stephen A. Jones, MD</td>
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<td></td>
<td>Discussion</td>
<td>Fares S. Haddad, MD</td>
</tr>
<tr>
<td>8:56–9:52 a.m.</td>
<td>Session Three: Infection</td>
<td>A Decade of Protocol Developments for SSI Prevention: Intraoperative Betadine Irrigation Preva...</td>
<td>Matthew S. Austin, MD Philadelphia, Pennsylvania</td>
</tr>
<tr>
<td>9:02 a.m.</td>
<td></td>
<td>Dual-Agent Antibiotic Prophylaxis Using Single Dose Vancomycin Effectively Reduces Prosthetic Joint Infection Rates with Minimal Renal Toxicity Risk</td>
<td>John R. Burger, DO Columbia, Missouri</td>
</tr>
<tr>
<td>9:08 a.m.</td>
<td></td>
<td>Reduction of Total and Viable Particles in the OR Setting by Using Ultraviolet In-Room Air Disinfection and Recirculation Units</td>
<td>Gannon L. Curtis, MD Cleveland, Ohio</td>
</tr>
<tr>
<td>9:14 a.m.</td>
<td></td>
<td>Discussion</td>
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<tr>
<td>9:24 a.m.</td>
<td></td>
<td>Reconsidering the Strategies to Manage Chronic Periprosthetic Total Knee Infections: Using Decision Analytics to Find the Optimal Strategy between One-Stage and Two-Stage Total Knee Revision</td>
<td>Karan Srivastava, MD, MBA Detroit, Michigan</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td></td>
<td>Extended Oral Antibiotic Prophylaxis in High Risk Patients Substantially Reduces Primary Total Hip and Knee Arthroplasty 90-Day Infection Rate</td>
<td>R. Michael Meneghini, MD Indianapolis, Indiana</td>
</tr>
<tr>
<td>9:36 a.m.</td>
<td></td>
<td>What is the Optimal Criteria to use for Detecting Prosthetic Joint Infections in Total Joint Arthroplasty?</td>
<td>Preetesh D. Patel, MD Weston, Florida</td>
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<tr>
<td>9:42 a.m.</td>
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<td>Discussion</td>
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<tr>
<td>9:52–10:07 a.m.</td>
<td>Break</td>
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<td>Exhibit Hall / Learning Center</td>
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<tr>
<td>10:07 – 11:03 a.m.</td>
<td><strong>Session Four: Health Policy</strong></td>
<td><strong>Moderators:</strong> Richard Iorio, MD and Kevin J. Bozic, MD, MBA</td>
<td>Edward M. Vasarhelyi, MD MSc, FRCSC London, ON, Canada</td>
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<tr>
<td>10:13 a.m.</td>
<td>Paper #22</td>
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<td>10:19 a.m.</td>
<td>Paper #23</td>
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<td>10:25 a.m.</td>
<td>Discussion</td>
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<tr>
<td>10:35 a.m.</td>
<td>Paper #24</td>
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<tr>
<td>10:41 a.m.</td>
<td>Paper #25</td>
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<td>10:47 a.m.</td>
<td>Paper #26</td>
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<tr>
<td>11:03 – 11:45 a.m.</td>
<td><strong>Keynote Address</strong></td>
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<tr>
<td>11:45 a.m. – 12:45 p.m.</td>
<td><strong>Lunch for All Attendees</strong></td>
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<tr>
<td>12:45 – 1:41 p.m.</td>
<td><strong>Session Five: Revision Total Hip and Knee Arthroplasty</strong></td>
<td><strong>Moderators:</strong> William A. Jiranek, MD, FACS and Ryan M. Nunley, MD</td>
<td>Hannah Spece, BS Philadelphia, Pennsylvania</td>
</tr>
</tbody>
</table>
## Schedule

### Saturday, November 4, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenters</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:41 – 1:51 p.m.</td>
<td>AAHKS Health Policy Fellow Reports</td>
<td>Chancellor F. Gray, MD Roshan P. Shah, MD, JD Juan C. Suarez, MD</td>
</tr>
<tr>
<td>1:51 – 2:00 p.m.</td>
<td>AAHKS Presidential Award</td>
<td><strong>Presented by</strong> Mark I. Froimson, MD, MBA</td>
</tr>
<tr>
<td>2:00 – 2:45 p.m.</td>
<td>Symposium IV: Practice Management Strategies of AAHKS Members</td>
<td><strong>Moderator:</strong> Jay R. Lieberman, MD</td>
</tr>
<tr>
<td>2:45 – 2:51 p.m.</td>
<td>American Joint Replacement Registry Update</td>
<td>Daniel J. Berry, MD</td>
</tr>
<tr>
<td>2:51 – 3:19 p.m.</td>
<td>AAHKS Award Papers</td>
<td></td>
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<tr>
<td>2:51 p.m.</td>
<td>The James A. Rand Young Investigator’s Award</td>
<td><strong>Presented by</strong> James A. Rand, MD</td>
</tr>
<tr>
<td>2:57 p.m.</td>
<td>Discussion</td>
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</tr>
<tr>
<td>3:02 p.m.</td>
<td>The Lawrence D. Dorr Surgical Techniques &amp; Technologies Award</td>
<td><strong>Presented by</strong> Lawrence D. Dorr, MD</td>
</tr>
<tr>
<td>3:08 p.m.</td>
<td>Discussion</td>
<td></td>
</tr>
<tr>
<td>3:13 p.m.</td>
<td>The AAHKS Clinical Research Award</td>
<td><strong>Presented by</strong> William A. Jiranek, MD, FACS</td>
</tr>
<tr>
<td>3:19 p.m.</td>
<td>Discussion</td>
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<tr>
<td>3:24 – 3:38 p.m.</td>
<td>Break</td>
<td>Exhibit Hall / Learning Center</td>
</tr>
<tr>
<td>3:38 – 4:38 p.m.</td>
<td>Symposium V: Managing the Opioid Epidemic</td>
<td><strong>Moderator:</strong> William A. Jiranek, MD, FACS</td>
</tr>
<tr>
<td>4:38 – 5:34 p.m.</td>
<td>Session Six: Primary Knee</td>
<td><strong>Moderators:</strong> Gregory G. Polkowski, MD and Matthew S. Austin, MD</td>
</tr>
<tr>
<td>Time</td>
<td>Paper/Event</td>
<td>Presenter/Location</td>
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| 4:38 p.m.| **Paper #33**  
Does a Balanced TKA Produce a More Forgotten Joint?  
Thomas L. Bradbury, MD  
Atlanta, Georgia |                                                    |
| 4:44 p.m.| **Paper #34**  
Cell Count and Differential of Aspirated Fluid in Immunosuppressed Patients in the Diagnosis of Total Knee Arthroplasty Prosthetic Joint Infections: A Case Series  
David W. Fitz, MD  
Chicago, Illinois |                                                    |
| 4:50 p.m.| **Paper #35**  
A Computer Model of Mid-Flexion Instability in Balanced Cruciate Retaining or Posterior Stabilized Total Knee Arthroplasty  
Ran Schwarzkopf, MD, MSc  
New York, New York |                                                    |
| 5:06 p.m.| **Paper #36**  
Total Knee Arthroplasty in the Osteoporotic Tibia: A Biomechanical Evaluation of the Role of Stem Extensions and Cementing Techniques  
Christopher P. Walsh, MD  
Houston, Texas |                                                    |
| 5:12 p.m.| **Paper #37**  
High Rate of Early Revision Following Custom Made Unicondylar Knee Replacement  
Carl Talmo, MD  
Boston, Massachusetts |                                                    |
| 5:18 p.m.| **Paper #38**  
Results of Cemented vs. Cementless Primary Total Knee Arthroplasty Using the Same Implant Design  
Anthony W. Feher, MD  
Indianapolis, Indiana |                                                    |
| 5:24 p.m.| **Discussion**                                                                                                      |                                                    |
| 5:34–6:30 p.m. | **Symposium VI**  
Choices, Compromises, and Controversies in Total Knee Arthroplasty  
**Moderator and Introduction:**  
Adolph V. Lombardi Jr., MD, FACS |                                                    |
|          | My Approach to Metal Sensitive Patient: Ignore It  
Mark W. Pagnano, MD |                                                    |
|          | Modifiable Risk Factors: What You Need to Know  
C. Lowry Barnes, MD |                                                    |
|          | DVT Prophylaxis: State of the Art  
Jay R. Lieberman, MD |                                                    |
|          | My Postoperative Algorithmic Approach for Postoperative Complications  
Giles R. Scuderi, MD |                                                    |
| 6:30–7:30 p.m. | **Reception for All Attendees**  
Exhibit Hall/Learning Center |                                                    |
| 7:30–8:00 p.m. | **AAHKS and Guest Society Poster Take Down** |                                                    |
| **Sunday, November 5, 2017** | **Registration**  
Peacock Foyer |                                                    |
| 6:00–10:00 a.m. | **Breakfast for All Attendees**  
Trinity Foyer |                                                    |
| 7:00–7:15 a.m. | **AAHKS Business Meeting**  
Members nominate and vote on Board positions and vote on changes to AAHKS Bylaws |                                                    |
| **7:15–8:11 a.m.** | **Session Seven: Revision Total Hip**  
**Moderators:** Javad Parvizi, MD and William B. Macaulay, MD |                                                    |
| 7:15 a.m. | **Paper #39**  
Association between Pseudotumor Formation and Patient Factors in Metal-on-Metal Total Hip Arthroplasty Population  
Daniel E. Goltz, BS  
Durham, North Carolina |                                                    |
## Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Paper #</th>
<th>Title</th>
<th>Speaker and Affiliation</th>
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<tbody>
<tr>
<td>7:21 a.m.</td>
<td>Paper #40</td>
<td>Mechanical Complications Following Total Hip Arthroplasty Based on Surgical Approach: A Large Single Institution Cohort Study</td>
<td>Andrew N. Fleischman, MD Philadelphia, Pennsylvania</td>
</tr>
<tr>
<td>7:27 a.m.</td>
<td>Paper #41</td>
<td>Sensitivity and Specificity of Metal Ion Level in Predicting Head-Neck Taper Corrosion in Metal-on-Polyethylene Total Hip Arthroplasty</td>
<td>Yun Peng, MD Boston, Massachusetts</td>
</tr>
<tr>
<td>7:33 a.m.</td>
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<td>Discussion</td>
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<tr>
<td>7:43 a.m.</td>
<td>Paper #42</td>
<td>Early Outcomes of Revision Surgery for Head-Neck Taper Corrosion of Metal-on-Polyethylene THA with Pseudotumors in 43 Patients</td>
<td>Young-Min Kwon, MD, PhD Boston, Massachusetts</td>
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### Sunday, November 5, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Paper #</th>
<th>Title</th>
<th>Speaker and Affiliation</th>
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<tbody>
<tr>
<td>7:55 a.m.</td>
<td>Paper #44</td>
<td>Intraoperative Evaluation of Acetabular Cup Position During Anterior Approach Total Hip Arthroplasty: Are We Accurately Interpreting?</td>
<td>Dimitri E. Delagrammaticas, MD Chicago, Illinois</td>
</tr>
<tr>
<td>8:01 a.m.</td>
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<td>Discussion</td>
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<tr>
<td>8:11 a.m.</td>
<td>Symposium VII</td>
<td>The New Disease: Taper Corrosion After THA – A State of the Art 2017 Update for AAHKS Members</td>
<td>Moderator: Daniel J. Berry, MD</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Diagnosing Taper Corrosion: When is it the Taper, When Is It Something Else?</td>
<td>Craig J. Della Valle, MD</td>
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<tr>
<td></td>
<td></td>
<td>Why have We Seen More Taper Corrosion in the Last 5 Years? The Implants? The Surgery? Metal Testing?</td>
<td>Joshua J. Jacobs, MD</td>
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<tr>
<td></td>
<td></td>
<td>Management of the Implant with Taper Corrosion: What to Change and What to Change it to</td>
<td>Michael P. Bolognesi, MD</td>
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<td></td>
<td>Preventing Complications Associated with Operating on Taper Corrosion</td>
<td>Tad M. Mabry, MD</td>
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<td>Discussion</td>
<td>Daniel J. Berry, MD</td>
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<tr>
<td>9:11 a.m.</td>
<td>Session Eight: Non-Arthroplasty</td>
<td>Moderators: Christopher Peters, MD and Rafael J. Sierra, MD</td>
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<tr>
<td>9:11 a.m.</td>
<td>Paper #45</td>
<td>Impingement-Free Hip Range of Motion in Asymptomatic Young Adult Females</td>
<td>Michael C. Mahan, MD Detroit, Michigan</td>
</tr>
<tr>
<td>9:17 a.m.</td>
<td>Paper #46</td>
<td>Does Severity of Dysplasia Influence Clinical Outcomes Following the Periacetabular Osteotomy (PAO)? A Case Control Study</td>
<td>Paul E. Beaulé, MD Ottawa, Canada</td>
</tr>
<tr>
<td>9:23 a.m.</td>
<td>Paper #47</td>
<td>The Fate of the Contralateral Hip in Patients Undergoing a Periacetabular Osteotomy: Are there Risk Factors for Disease Progression?</td>
<td>John C. Clohisy, MD St. Louis, Missouri</td>
</tr>
<tr>
<td>9:29 a.m.</td>
<td>Paper #48</td>
<td>Are There Disease-Specific Articular Cartilage Wear Patterns in Various Pre-Arthritic Hip Disorders?</td>
<td>Cecilia Pascual Garrido, MD St. Louis, Missouri</td>
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<tr>
<td>Time</td>
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<tr>
<td>9:35 a.m.</td>
<td><strong>Paper #49</strong> Mid-Term Results of Patients Treated with Porous Tantalum Acetabular Components for Non-Primary Periacetabular Lesions</td>
<td>David G. Lewallen, MD Rochester, Minnesota</td>
<td></td>
</tr>
<tr>
<td>9:41 a.m.</td>
<td><strong>Paper #50</strong> Do Focal Chondral Defects Lead to Worse Outcomes after Periacetabular Osteotomy?</td>
<td>Rafael J. Sierra, MD Rochester, Minnesota</td>
<td></td>
</tr>
<tr>
<td>9:47 a.m.</td>
<td><strong>Discussion</strong></td>
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</table>
| 9:57 – 10:57 a.m. | **Symposium VIII** New Technologies in Knee Replacement  
Accuracy and Soft Tissue Protection of Robotic Total Knee Arthroplasty  
A Review of Hand-Held Surgical Navigation  
Robotic Partial Knee Replacement  
Next Generation Robotic Technology  
**Discussion** | Robert M. Molloy, MD Michael A. Mont, MD Seth A. Jerabek, MD Steven B. Haas, MD Jess H. Lonner, MD |
| 10:00 – 11:00 a.m. | **Session Nine: Primary Knee**  
**Moderator:** Thomas K. Fehring, MD |                                                         |
| 10:57 a.m.   | **Paper #51** Two-Year Results of a Randomized Trial of Robotic Surgical Assistance vs. Manual Unicompartmental Knee Arthroplasty | Mark Blyth, D, FRCS Glasgow, United Kingdom             |
| 11:03 a.m.   | **Paper #52** Patients at Risk: Preoperative Opioid Use Affects Opioid Prescribing, Refills and Outcomes after Total Knee Arthroplasty | Nicholas M. Hernandez, MD Rochester, Minnesota         |
| 11:09 a.m.   | **Paper #53** Effectiveness of Novel Adjuncts in Multimodal Pain Management Following Total Knee Arthroplasty | Juan C. Suarez, MD Weston, Florida                     |
| 11:15 a.m.   | **Discussion**                                                                                        |                                                         |
| 11:25 a.m.   | **Paper #54** Factors Influencing Reoperation of Total Knee Arthroplasty in Vasculopathic Patients | Maxwell K. Langfitt, MD Winston Salem, North Carolina  |
| 11:31 a.m.   | **Paper #55** Formal Physical Therapy may not be Essential Following Unicompartmental Knee Arthroplasty: A Randomized Clinical Trial | Brian T. Darrith, BS Chicago, Illinois                 |
| 11:37 a.m.   | **Paper #56** Novel Immuno-Based Microbial ID Assays for Organism Detection in Synovial Fluid          | Carl A. Deirmengian, MD Philadelphia, Pennsylvania      |
| 11:43 a.m.   | **Discussion**                                                                                        |                                                         |
| 11:53 a.m.   | **Concluding Remarks**                                                                                 | Mark I. Froimson, MD, MBA                              |
| 12:00 p.m.   | **Adjourn**                                                                                            |                                                         |
The American Association of Hip and Knee Surgeons congratulates Lawrence D. Dorr, MD on receiving the 2017 AAHKS Humanitarian Award. Dr. Dorr received the award in recognition of his founding role and continuing participation in Operation Walk missions.

Dr. Dorr is a pioneer and leader in joint replacement surgery in the United States. He was inspired at the age of five to become a surgeon and his passion to take care of others has never wavered. While on a teaching trip to Russia, he realized that he could better teach physicians by demonstrating surgery. He also realized that he could bring surgical skills and healing processes to the poorest of the world’s poor while teaching in-country physicians. This inspired his idea for Operation Walk.

Dr. Dorr quickly recruited a team of surgeons, internal medicine doctors, anesthesiologists, nurses, and physical therapists to join him in the first Operation Walk trip to Havana, Cuba. The team spent eight months getting all of the implants, medications, surgical supplies and postoperative supplies ready to be transported to Havana. All supplies were donated, and physicians paid their own way.

On that first trip to Cuba, 45 joints were successfully replaced in three days—allowing patients to walk again after many years of immobility. Hip replacements made it possible for one woman to have a child whom she named, “Larry.” The team was exhilarated and full of enthusiasm to plan the next Operation Walk. Over the next ten years, Operation Walk teams returned to Cuba six times, helping more than 250 patients. Dr. Dorr has created 14 teams in Operation Walk’s 20 years and still finds each trip as thrilling as the first.

The AAHKS Humanitarian Award recognizes AAHKS members who have distinguished themselves by providing humanitarian medical services and programs with a significant focus on musculoskeletal diseases and trauma including the hip and knee in the United States or abroad.

Nominations for the 2018 AAHKS Humanitarian Award are now being accepted through April 15, 2018 at www.AAHKS.org/Humanitarian.
**Paper #1**

**Mobile Patient Engagement Platforms May Help Reduce 30-Day Readmission Rates in Arthroplasty Patients**

Stefano A. Bini, MD, John Bonano, BA, Aenor J. Sawyer, MD, Richard D. Southgate, MD, Erik N. Hansen, MD, Thomas P. Vail, MD

**Introduction:** Online patient engagement platforms (PEP) can provide asynchronous oversight of patients and alerts to the treatment team. The increased connectivity with patients is thought to favorably affect patient management. Our aim was to report the impact of PEP use on non-elective 30-day readmission rates (NE30) at an academic arthroplasty practice.

**Methods:** We prospectively collected data on all consecutive arthroplasty patients from 01/2016-12/2016 as part of a PEP trial. NE30 rates were compared between groups (active/inactive PEP). Demographic/surgical data from the electronic health record was used to cross-reference and supplement PEP utilization data.

**Results:** 612 of 764 (80%) eligible patients were enrolled in PEP and 554 activated their accounts. These patients submitted 5787 messages to the care team. The PEP sent 14497 “check ins” to patients and generated 859 alerts in 513 patients. 69 “red” alerts in 48 patients led to 39 documented calls resulting in 1 unscheduled clinic visit and 8 referrals to the ED (3 with GI symptoms, 5 for DVT evaluation). 7/39 (18%) patients contacted had ultrasounds ordered (all negative); no patients were admitted. NE30s amongst active PEP patients were 7/554 (1.3%) and 9/210 (4.3%) for non-active patients (p=0.01).

**Conclusions:** Readmission rates were significantly lower in patients with active PEP accounts. Further research is required to determine if using the PEP avoided readmissions or resulted in unnecessary medical procedures.
**Paper #2**

**Low-Dose Aspirin is as Safe and Effective a Prophylaxis as High-Dose Aspirin for Venous Thromboembolism after Total Hip Arthroplasty**

**Mhamad Faour, MD**, Nicolas S. Piuzzi, MD, David P. Brigati, MD, Alison K. Klika, MS, Michael A. Mont, MD, Wael K. Barsoum, MD, Carlos A. Higuera, MD

**Introduction:** Aspirin has been established as an effective prophylactic agent after total hip arthroplasty (THA). Low-dose aspirin is effectively utilized in the prevention of cerebrovascular and cardiovascular events. There is no consensus as to the optimal prophylactic dose for prevention of venous thromboembolic events (VTEs) after THA. The study aimed to compare the effect of low-dose aspirin to high-dose aspirin in terms of VTE incidence, bleeding and mortality after THA.

**Methods:** We retrospectively reviewed 7,488 medical records for primary THA patients between 2012 and 2016. We identified 3,936 patients who received enteric-coated aspirin twice daily after surgery for 4 to 6 weeks depending on surgeons’ preference. A total of 1,033 patients received 81-mg and 2,903 patients received 325-mg aspirin. Complications collected within 90 days after surgery were: VTEs (deep vein thrombosis [DVT] and pulmonary embolism [PE]), bleeding (gastrointestinal and wound) and mortality. We used multivariate regression to evaluate the effect of aspirin dose. We adjusted for age, gender, body mass index, Charlson Comorbidity Index (CCI) score, and hospital length of stay (LOS).

**Results:** Age, gender, CCI, and LOS were significantly different between the two groups. There was no statistical significant difference between low-dose vs high-dose groups in terms of VTE (0.68% vs 1.00%, p=0.35), DVT (0.58% vs 0.79%, p=0.49), PE (0.19% vs 0.34%, p=0.45), bleeding (0.19% vs 0.14%, p=0.69), or mortality (0.10% vs 0.14%, p=0.75). After adjusting for confounders, low-dose vs high-dose aspirin was not associated with increased risk for VTEs (OR=0.66, 95%CI [0.29-1.52], p=0.31), DVT (0.72, [0.29-1.78], p=0.46), PE (0.54, [0.12-2.46], p=0.39), bleeding (1.30, [0.23-7.29], p=0.76) or mortality (0.56, [0.06-5.26], p=0.59) within 90 days after THA.

**Conclusion:** Low-dose aspirin was not inferior to high-dose aspirin for the prevention of VTE after THA. Low-dose aspirin can be considered a safe and effective agent in the prevention of VTE.
**Paper #3**

**Tranexamic Acid in Total Joint Arthroplasty: Safe and Effective for All Patients?◊**

**Yale A. Fillingham, MD**, Dipak B. Ramkumar, MD, MS, David S. Jevsevar, MD, MBA, Henry D. Clarke, MD, Emil H. Schemitsch, MD, Craig J. Della Valle, MD, American Association of Hip and Knee Surgeons Collaboration Group, American Society of Regional Anesthesia Collaboration Group

**Introduction:** A growing body of published research on tranexamic acid (TXA) suggests it is effective in reducing blood loss in total joint arthroplasty (TJA). Despite the extensive literature, no consensus has been reached on the preferred route of administration, dosage, timing of administration or contraindications to its use. The purpose of this network meta-analysis (NMA) was to support the combined consensus statement of the American Association of Hip and Knee Surgeons, American Academy of Orthopaedic Surgeons, Hip Society, Knee Society, and American Society of Regional Anesthesia on the use of TXA in primary TJA.

**Methods:** We searched OVID-MEDLINE, EMBASE, Cochrane Reviews, SCOPUS, and Web of Science databases for all publications before October 2016 on TXA in primary TJA. All included studies underwent qualitative and quantitative homogeneity testing. Direct and indirect comparisons were performed for all treatments and the results of the NMA were tested for consistency.

**Results:** After critical appraisal of the available 1,767 publications, only articles identified as representing the best available evidence were included. Topical, IV, and oral TXA formulations were all statistically superior to placebo in terms of blood loss and risk of transfusion. TXA reduced blood loss and the risk of transfusion irrespective of the dose timing when compared to placebo (p < 0.05 for all comparisons). No difference was observed between all TXA formulations and placebo with regards to risk of thromboembolic events (p < 0.05 for all comparisons).

**Conclusions:** TXA formulation has a direct effect on blood loss and risk of transfusion. No TXA formulation portended a higher risk of thromboembolic event. We conclude the routine use of TXA in the setting of a primary TJA is safe and effective for nearly all patients. We plan to present the combined consensus statement on the use of TXA in primary TJA.

◊ The FDA has not approved tranexamic acid for use in orthopaedics.
Introduction: As advances in medicine have increased life expectancy, more octogenarians are undergoing total hip arthroplasty (THA) than ever before. Concerns exist, however, about the safety of performing this elective procedure in this age group. The purpose of this study is to determine the complications associated with THA patients over 80 years of age and to identify high-risk patients.

Methods: We queried the American College of Surgeons-National Surgical Quality Improvement Program (ACS-NSQIP) database for all patients who underwent primary THA from 2011 to 2014. Demographic variables, medical comorbidities, and 30-day complication, readmission, and reoperation rates were compared between patients under versus over 80 years of age. A multivariate logistic regression analysis was then performed to identify independent risk factors of poor short-term outcomes.

Results: Of the total 66,839 patients who underwent THA, 7,198 (11%) were 80 years of age or older. Octogenarians had a higher overall complication rate (29% vs. 15%, p<0.001), and a higher mortality rate (0.9% vs. 0.1%, p<0.001). When controlling for other comorbidities, age over 80 years is independent risk factor for mortality (OR 2.02, 95% CI 1.25–3.26, p=0.004) and complications (OR 1.41, 95% CI 1.30–1.525, p<0.001) following THA. Malnutrition and chronic kidney disease are also independent risk factors for readmission, complications, and mortality (all p<0.05).

Conclusion: THA in patients older than 80 years old are at an increased risk of complications and mortality. Octogenarian patients should be counseled on their risk profile, particularly those with malnutrition and chronic kidney disease.
Paper #5

Race, Medicaid Insurance, BMI and Female Gender Correlated with Consistently Lower HOOS JR Scores

Kwesi St. Louis, MD, Adam S. Olsen, MD, Adam C. Rothenberg, MD, Dan Lob, BS, Andrew Bilderback, MS, Johanna Bellon, PhD, Michael O’Malley, MD, MaCalus Hogan, MD, Brian A. Klatt, MD

Introduction: The Hip disability and Osteoarthritis Outcome Score, Joint Replacement (HOOS JR) is a validated patient reported outcome measures (PROM) approved by the Centers for Medicare and Medicaid services (CMS) for use in determining reimbursement. Studies demonstrate threshold pre-operative HOOS JR scores predict patient satisfaction or dissatisfaction following THA. The goal of this study was to determine whether patient characteristics impact HOOS, JR. scores collected pre- and post-operatively.

Methods: A prospectively collected and maintained HOOS JR dataset for 1323 consecutive patients for a large, hybrid, academic integrated finance and delivery system’s musculoskeletal registry was analyzed for all admissions from April 1st, 2016 through January 31st, 2017 with the Medicare Severity – Diagnosis Related Group (MS-DRG) of 469 or 470. Data was collected 0-90 days prior to procedure and at 3, 6, 9 and 12-month intervals post-operatively. A multilevel beta regression model was then applied to correlate the influence of patient characteristics on HOOS JR scores. These characteristics included race, age, gender, BMI, insurance type, severity of joint disease, disposition destination, and time from surgery.

Results: Increasing age (0.16% increase per each year p = 0.004) and time (in days) from surgery (0.29% increase, p< 0.001) had a statistically significant positive effect on HOOS JR score. Black race (5.62% decrease, p <.001), Medicaid insurance (5.70% decrease, p = 0.004), extreme joint disease (9.48% decrease, p = 0.011), disposition to SNF (5.08% decrease, p = 0.001), female gender (2.37% decrease, p= 0.001), BMI (0.23% decrease, p = 0.002) had a negative effect on HOOS JR score.

Conclusions: Black race, Medicaid insurance, BMI, female gender and discharge disposition to any place other than home is correlated with worse HOOS JR scores at every studied time point; thus, PROM should not be the sole measure in determining patient outcomes and influence physician reimbursements.
Press Ganey Patient Satisfaction Scores do not Correlate with Patient Reported Outcomes after Joint Replacement

Jeremy M. Gililland, MD, Jessica M. Kohring, MD, Christopher E. Pelt, MD, Mike B. Anderson, MS, Christopher L. Peters, MD

Introduction: The purpose of this study was to determine if the overall Press Ganey patient satisfaction score (PG) correlated with patient reported outcome scores in patients undergoing primary hip or knee replacement.

Methods: We retrospectively reviewed all patients (n=1,899) who underwent primary hip or knee arthroplasty from February 1, 2014 to February 1, resulting in 2,174 primary hip or knee replacements. We evaluated the correlation (Spearman’s Correlation) between PG scores to the PROMIS PF-CAT and PROMIS Global health outcome measures. Interpretation of r was done using the method described by Hinkle et al.

Results: In the random selection (n=540), there was little, if any, correlation between the PG score and all of the PRO scores: PF CAT rs = 0.020 (-0.066 – 0.105), mental health rs = 0.136 (0.047 – 0.222), and pain rs = -0.038 (-0.125 – 0.50). For preoperative visits (n = 266) the correlation between the PG score and the three PRO scores was negligible: -0.059 (-0.181 – 0.064) for PF CAT, rs = 0.138 (0.009 – 0.263) for mental health, and rs = 0.009 (-0.118 – 0.136) for pain. There was no correlation postoperatively (n = 85): PF CAT rs = 0.016 (-0.051 – 0.082), mental health rs = -0.135 (0.066 – 0.204), and pain rs = 0.042 (-0.111 – 0.026). The change in PRO scores (n=73) also demonstrated trivial correlations: rs of 0.018 (-0.213 – 0.247), -0.094 (-0.342 – 0.166), and 0.032 (-0.212 – 0.272) for physical function, mental health, and pain, respectively. 95% Confidence Intervals in (parentheses). rs=spearmens correlation coefficient.

Conclusions: Although PG scores are being used as surrogates for health care quality, validated patient reported outcome measures (PROMIS) have little to no correlation with those scores. These data question the routine use of patient satisfaction scores as surrogate measures of health care quality.
Psychological Factors Associated with Failure to Complete a Short-Stay Total Hip Arthroplasty Protocol

Adam Edelstein, MD, Mark Oyer, MD, Joshua Barrett, BS, Nathan Arnett, Gurmit Singh, MD, Surabhi Bhatt, BS, David W. Manning, MD, Michael D. Stover, MD

Introduction: Patient characteristics are known to correlate with successful completion of short stay total hip arthroplasty (THA) protocols. We investigated the interaction between patient-reported measures of psychological fitness to cope with surgery and successful completion of a short stay THA protocol.

Methods: We performed a prospective cohort study of patients undergoing total hip arthroplasty enrolled in a short stay protocol (defined by expected length of stay (LOS) = 1 day). Patients with in-hospital complications were excluded. Psychological fitness to cope with surgery was measured using the Patient-Reported Outcomes Measurement Information System (PROMIS). PROMIS domains included pain intensity, pain interference, physical function, self-efficacy, depression, anxiety, emotional support, and ability to participate in social roles. Patients were stratified by successful completion of the short stay protocol. PROMIS scores were compared between groups using Student’s T-test and logistic regression analysis was performed.

Results: 33 THA cases of 56 enrolled patients have currently completed the study. The rate of successful short stay protocol completion was 84.4%. The mean LOS for the successful group was 1.0±0.0 days and for the unsuccessful group was 2.2±0.5 days. There were no significant differences between groups for demographics or comorbidities. The PROMIS Anxiety score was significantly higher in the group that failed the short stay protocol compared to the group that completed the short stay protocol (58.5±6.5 vs 53.2±4.9, p=0.04). There were no significant differences in the remaining PROMIS domains (p>0.05). Logistic regression found that anxiety was significantly associated with failure to complete the short stay protocol (OR=1.28, 95% CI 1-1.64, p=0.05).

Conclusion: Failure to complete a short stay THA protocol is associated with higher anxiety scores on PROMIS testing. Identification of patients with psychological risk factors for failure to complete a short stay THA protocol may facilitate targeted interventions to help at-risk patients cope with the post-surgical recovery.
**Introduction:** We sought to determine if changes in patient reported mental health scores were associated with physical function improvements following TJA. Additionally, we evaluated if there was a difference between the diagnosis of depression and changes in mental health and physical function PRO scores after TJA, and if patients with depression treated with an anti-depressant had different outcomes when compared to untreated depressed patients.

**Methods:** We reviewed 202 primary TJA patients from March 2014 to May 2015. PROs included the PROMIS Global 10 Mental Health T score (MH) and the PROMIS Physical Function v1.2 T score (PF CAT). A chart review identified depression and if anti-depressant medications were used. We excluded patients who underwent more than one TJA or were deceased. Multivariable linear regression was used, while controlling for a history of depression, age, sex, BMI, and ASA score. The change in T scores was analyzed using an independent samples T test.

**Results:** 32% (65/202) were diagnosed with depression. There was a 0.18 T score unit increase (95% CI 0.03–0.33) in the MH score for each one T score unit increase in the PF CAT (p=0.017). Depression patients had a mean change in MH of 4.6 T score units (95% CI, 2.8–6.5) compared to non-depressed patients,’ mean change of 7.3 T-score units (95% CI 5.9–8.6, p=0.025). There was no difference in the magnitude of change in PF CAT between depressed and non-depressed patients (p=0.215). Treated patients (83%, 54/65) had a greater increase in PF CAT Score than untreated depressed patients (mean increase of 6.99 (95% CI 5.25-8.73) T-score units compared to 1.47 (95% CI -4.01–6.96), (p=0.015).

**Conclusions:** Patient reported mental health scores correlate with post-operative physical function outcomes and, in patients with depression, treatment with anti-depressants may be associated with improved outcomes.
Symposium I

Through the Looking Glass: What Does the Future Hold for Arthroplasty?

Moderator: Mark I. Froimson, MD, MBA
Faculty: Jonathan L. Schaffer, MD, MBA, Kenneth B. Trauner, MD, Brian S. Parsley, MD, Stefano A. Bini, MD, Mark I. Froimson, MD, MBA

Objectives:

1. To provide a working understanding of four major trends in digital health and technology that are likely to impact their practice over the next five years.

2. To introduce the breadth and depth of the technological revolution that is bringing health care into the 21st century.

Outline:

Telehealth
From Video Visits to Holograms, from Virtual ICUs to Patient Engagement Platforms: Tele-Orthopaedics is Going to Change Where and How We Deliver Care, Jonathan L. Schaffer, MD

3D Printing
From Printing Prosthetics to Bioscaffolds, from Printing Instruments to Living Tissue: What Can We Print Now That We Could Only Dream of Building Before? The 3D revolution is Here., Kenneth B. Trauner, MD

Robotics and Automation
From Robotic-Assisted Surgery to Humanoid Cyborgs: Providing Empathetic Care, from Neuromuscular Activated Prosthetics to Futuristic Exoskeletons: Was Huxley Right?, Brian S. Parsley, MD

Artificial Intelligence and Machine Learning
From Decision Support to Deep Neural Networks, from Predictive Analytics to Learning Algorithms: What Does Watson Have in Store for Us?, Stefano A. Bini, MD
Symposium II

Lessons Learned from Effective Models of Joint Replacement Care in the United States

Moderator: Christopher L. Peters, MD
Faculty: William J. Hozack, MD, Michael E. Berend, MD, Monti Khatod, MD

Understand the development and evolution of individual care models and the primary driving forces for development of each model.

Objectives:

1. A variety of effective joint replacement care delivery models are currently employed in the US. Participants should understand the development and evolution of individual care models and the primary driving forces for development of each model.

2. Differing strengths and weaknesses are evident within each model of joint replacement care. Participants should gain appreciation for the unique relationships between institutions and care providers within each model of care.

3. Each model of care has importantly and primarily emphasized improvement of the overall patient experience within individual systems. Participants should gain appreciation for the processes and mechanisms each model has utilized in improving the patient experience with joint replacement.

Outline:

Focusing on Value in an Academic Environment: The Utah Experience, Christopher E. Pelt, MD

Maximizing Physician-Hospital Alignment: The Rothman Experience, William J. Hozack, MD

Outpatient-Focused Joint Replacement is the Future: The Midwest Center for Joint Replacement Experience, Michael E. Berend, MD

Joint Replacement in a Capitated Single-Payer System: The Kaiser Experience, Monti Khatod, MD

Notes
Introduction: Sitting radiographs have been used as a preoperative tool to consider an ideal, patient-specific THA component position that would improve hip stability. This study sought to determine whether patients who dislocated following THA have different spinopelvic alignment or different sitting acetabular component position compared to patients that did not dislocate.

Methods: From 2014 to 2017, all patients undergoing primary THA by two surgeons underwent standing and sitting radiographs from the thoracolumbar junction to the ankles using the EOS imaging system. We compared 12 patients (1% of all patients) who dislocated within the first year of surgery to 150 patients who did not dislocate, and subcategorized patients as having normal spines or spine disease. Alignment parameters, including lumbar lordosis and sacral slope, were measured as well as spine flexion and hip flexion from standing to sitting positions. Postoperative cup alignment was measured in standing and sitting positions.

Results: Dislocators had less spine flexion (13° vs 21°; p<0.001), less change in pelvic tilt (9° vs 16°; p<0.001), and more hip flexion (72° vs 67°; p=0.003) from standing to sitting positions compared to patients with normal spines. Similarly, patients with spine disease had less spine flexion (p<0.001), less change in pelvic tilt (p<0.001) and more hip flexion (p<0.001) than patients with normal spines. There was no difference in sitting pelvic tilt or sitting acetabular component position among patient groups.

Conclusion: This study shows patients with fixed spinopelvic alignment from standing to sitting position are at higher risk of hip dislocation. We did not find a sitting “safe zone” for acetabular component position for low risk of dislocation. Imaging patients from standing to sitting position in a consistent fashion can provide valuable information on whether a patient has fixed spinopelvic alignment with postural changes and is therefore at higher risk of dislocation.
**Paper #10**

**Lumbar Fusion Involving the Sacrum Increases Dislocation Risk Eight-Fold in Total Hip Arthroplasty**

Christopher G. Salib, MD, Nicolas Reina, MD, PhD, **Kevin I. Perry, MD**, Michael J. Taunton, MD, Daniel J. Berry, MD, Matthew P. Abdel, MD

**Introduction:** Limited data exist on concurrent spine and hip pathologies in the context of primary total hip arthroplasty (THA). This study examines the impact of lumbar spine fusions on dislocation risk after primary THAs.

**Methods:** From 16,453 THAs, we identified 58 patients (67 THAs) between 1998 and 2015 who had spine fusions prior to primary THA at our institution. Patients were stratified into three groups: i) one level of lumbar fusion, ii) two or more levels of lumbar fusion, or iii) any fusion involving the sacrum. Mean age was 69 years, with mean follow-up of 5 years. Patients were 2:1 matched to patients with primary THAs without any previous spine fusion. Hazard ratios (HR) were calculated.

**Results:** Risk of dislocation in the fusion group was 6% at 1 year, vs. 1.6% in the control group (HR=4). The HR for dislocation was 3 in the one level fusion group (p=0.4), 1.4 (p=0.8) in the two or more level fusion group, and 8 (p=0.03) in the fusion to sacrum group, with a one year dislocation rate of 14%. Patient demographics and surgical characteristics of the THA (i.e. operative approach, femoral head diameter, and cup diameter) did not significantly impact dislocation risk (p>0.05). Mean cup anteversion was 19° in the sacral fusion group vs. 23° and 26° in the groups with one or multiple levels of lumbar fusion, respectively (p=0.06). Five-year KM survivorships free of any revision was 97% in the fusion group and 95% in the controls (p=0.4).

**Conclusions:** Lumbar spine fusions prior to THA increase the risk of early dislocation. Fusions involving the sacrum notably increased the risk of postoperative dislocation compared to a control group and other lumbar fusions, regardless of number of levels fused. Surgeons should be cognizant of cup positioning, and may consider high-stability implants in this cohort.

**Notes**
**Paper #11**

**Short-Term Complication Rates Following Outpatient Total Hip Replacement are Equivalent or Better than Those of Inpatient Total Hip Replacement with the Implementation of Institutional Protocols**

Mitchell C. Weiser, MD, Kelvin Y. Kim, BS, Afshin A. Anoushiravani, MD, Philip Band, PhD, Roy I. Davidovitch, MD

**Introduction:** Interest in outpatient/same-day discharge (SDD) total hip arthroplasty (THA) has been increasing over the last several years. There is considerable debate in the literature regarding the complication and readmission rates of these patients. To evaluate and validate the safety and efficacy of a mature institutional SDD THA care pathway, we compared the outcomes of patients undergoing SDD THA with patients who had a similar comorbidity profile and underwent inpatient THA.

**Methods:** A retrospective review was conducted on 164 patients who underwent SDD THA from January 2015 to September 2016. The Risk of Readmission Tool (RRAT), a validated risk stratification instrument, was applied to all inpatient THAs performed from June 2014 to December 2016. A cutoff RRAT score = 2 was used to produce a cohort of 1,858 inpatient THA patients, all of whom had a similar risk profile to patients who underwent SDD THA. Medicare patients were excluded from the inpatient THA cohort, which left a final inpatient cohort of 1,315 patients. Each cohort was evaluated for demographic variables (age, gender, Body Mass Index (BMI), race, insurance type), length of stay (LOS), 30-/90-day readmissions, and discharge disposition.

**Results:** The SDD THA cohort had significantly lower BMI (26.9 v. 28.2, p=0.002), fewer minorities (87.8% v. 64.8% Caucasian, p<0.001), was exclusively commercial insurance (100% v. 36.3%), had a shorter LOS (0.37 v. 2.3 days, p<0.001), and was exclusively discharged home (100% v. 92.6%). There was no statistically significant difference in 30 days readmission rates between either cohort (SDD 0.6% v. inpatient 1.6%, p=0.325). However, the SDD cohort had a significantly lower rate of 90-day readmissions than the inpatient cohort (0% v. 3.6%, p=0.014).

**Conclusion:** The use of an institutional SDD THA care pathway can produce results with equivalent or better short-term outcomes than that of traditional inpatient THA.
**Paper #12**

**Home Health Services are not Required Following Total Hip Arthroplasty**

Roy I. Davidovitch, MD, Afshin A. Anoushiravani, MD, Kevin K. Chen, MA, James Feng, MD, Ran Schwarzkopf, MD, John Mercuri, MD, Andrew M. Pepper, MD, Raj Karia, MPH, Bronwyn Spira, PT, Richard Iorio, MD

**Introduction:** Total hip arthroplasty (THA) is one of the most successful surgical procedures available to patients with degenerative joint disease and has been shown to consistently improve quality of life, and restore function. Historically at our institution, all postoperative THA candidates have received home health services (HHS), consisting of visiting nurses and physical therapists. With a more technologically savvy patient population however, rehabilitative computer applications (apps) can be used to electronically deliver postoperative services.

**Methods:** This study is a retrospective single-center analysis of the effectiveness of electronic rehabilitative services in patients receiving unilateral THA. All eligible patients were operated on between October 2016 and March 2017 by a single surgeon and were between the ages of 18 and 90. At the discretion of the operating surgeon, patients were selected to either proceed with the Electronic Patient Rehabilitation App (EPRA) with home health services (HHS) or the EPRA alone.

**Results:** In total, 454 patients received either (n=374) EPRA-HHS or (n=80) EPRA alone. The average age and American Society of Anesthesiologists Score in patients receiving EPRA-HHS was 64.85 (SD ±9.8) years and 2.24 (SD ±0.57) whereas, the EPRA cohort was 59 (SD ±12.5) years and 1.63 (SD ±0.52), respectively. No statistically significant difference was observed between the cohorts at baseline and 12-week for the PRO instruments (VR/SF-12 PCS/MCS and HOOS Jr.). However, a statistically significant improvement in VR-12 PCS and KOOS Jr (p<0.0001) regardless of the type of rehabilitation the patient received.

**Conclusion:** The integration of electronic application rehabilitation tools is slowly gaining acceptance within the orthopaedic community. Our study comparatively evaluated patients receiving EPRA and EPRA-HHS demonstrating that there was no difference in PRO scores. Thus, it may be assumed that both methods of postoperative rehabilitation are equivalent in terms of clinical outcomes and that HHS may be a redundant service.
Introduction: There has been little research evaluating the impact of pre-operative opioid use on risk of subsequent revision after primary total hip arthroplasty (THA). The purpose of this study was to evaluate the impact of pre-operative opioid use on the risk of early THA revision.

Methods: The Humana database was queried for unilateral THA during the years 2007-2015. Patients were tracked for the occurrence of an ipsilateral revision THA for 2 years following the index procedure. Factors were analyzed for risk of early revision of THA including preoperative opioid use, age (<50 vs >= 50 years), sex, diabetes, anxiety/depression, chronic kidney disease (CKD) and obesity (BMI > 30kg/m2). Pre-operative opioid use was defined as a history of opioid prescription filled within 3 months prior to primary THA. Multivariate logistic regression analysis was utilized to determine odds ratios (OR) for risk of early revision after primary THA.

Results: 17,695 primary THA patients were analyzed and 0.88% (n = 155) had a revision THA procedure within 2 years of the index surgery. 36.7% of patients had filled an opioid prescription within 3 months prior to THA. Females comprised 58.7% of the cohort and 80% were > 50 years. Pre-operative opioid users were significantly more likely to undergo early THA revision than non-opioid users (1.2% vs 0.7%, p<0.001). Other patient factors that significantly increased the risk of early THA revision included obesity (1.3% vs 0.8%, p=0.03) and a pre-operative diagnosis of anxiety or depression (1.9% vs 0.8%, p=0.006).

Conclusions: Opioid use within 3 months prior to THA independently predicted an increased risk of early revision surgery. Independent predictors of early revision included obesity and a diagnosis of anxiety or depression. Further research is needed to evaluate if discontinuing opioids prior to surgery mitigates this risk.
Paper #14

When do Patient Reported Outcome Scores Peak After Primary Unilateral TKR and THR?

Patricia D. Franklin, MD, MPH, MPH, Celeste Lemay, MPH, Wenyun Yang, MS, David C. Ayers, MD

Introduction: Research traditionally reports one-year post-operative patient reported outcomes (PROs) following primary unilateral total knee (TKR) and total hip replacement (THR). The new CMS bundled payment program suggests post-operative PRO collection between 9-12 months. We compared 6 and 12-month PROs to quantify the change between 6 and 12 months and to determine if earlier PRO scores would capture full recovery.

Methods: A contemporary multi-site US cohort of over 200 surgeons who underwent a unilateral primary identified 4884 TKR and 3288 patients with pre-op, 6 and 12-month PROs. Patient demographics, comorbidities, and pre- and post-operative stiffness, pain, and function (ADL) Knee/ Hip Osteoarthritis and Injury Outcome Score (KOOS/HOOS) were evaluated.

Results: TKR/THR patients had a mean age = 67.6/66.4 years, mean BMI= 31/28, were 64%/59% female. Mean pre, 6 and 12month pain scores for TKR were 48.2, 82.5, and 85.3, and for THR were 44.2, 89.7, and 90.4, respectively. Overall, 77% of TKR and 87% of THR patients reported no clinically meaningful change in pain between 6-to-12 months; 83% (TKR) and 85% (TKR) had no meaningful change in ADL. TKR patients with >=10-point gain in pain between 6-12 months had 2 or more knees/hips with moderate-severe pain before surgery. TKR and THR patients with >=10-point gain in ADL had lower MCS, lower pre-ADL score, and 2 or more knees/hips with moderate-severe pain before surgery.

Conclusion: Approximately 80%-85% of patients report peak improvement in knee pain and function by 6 months after TKR or THR. The population change in pain and ADL scores between 6 and 12 months was not clinically meaningful, and occurred in a subset of patients with pain in multiple lower extremity joints and poorer emotional health. For quality analyses at the population level, surgeons can report PRO scores as early as 6 months.

Notes
Symposium III

Prevention and Treatment of Instability Following THA: A Case-Based Symposium

**Moderator:** Fares S. Haddad, MD, FRCS  
**Faculty:** R. Michael Meneghini, MD, Matthew P. Abdel, MD, Stephen A. Jones, MD

**Objective:** To provide the delegates with the most up to date information on the prevention and treatment of dislocation following THA.

**Outline:**

- Prevention of Dislocation Following THA, Fares S. Haddad, MD, FRCS
- Investigation of the Unstable THA, R. Michael Meneghini, MD
- Dual Mobility in THA, Matthew P. Abdel, MD
- Constrained Liners, Stephen A. Jones, MD

**Notes**
Introduction: Due to its significant morbidity and high costs, surgeons have always strived to reduce and even eliminate surgical site infection (SSI) following TKA. Our aim was to compare the efficacy of intraoperative measures introduced over the last decade to prevent SSI.

Methods: We identified 10,949 consecutive primary TKA performed from 2006-2017. Over the course of the study period, several step-wise measures were implemented heterogeneously, including (1) intraoperative dilute betadine irrigation, (2) skin closure with subcuticular monofilament sutures instead of staples, and (3) application of an occlusive dressing. Patients also received systemic and local antibiotic prophylaxis. All SSIs (CDC definition) were identified within 90 days of the index procedure. Statistical analyses were performed with logistic regression accounting for both patient and surgical factors.

Results: During the study period, 19.4% of patients (n=2,124) received betadine irrigation (0.24% SSI), 27.1% of patients (n=2,964) had monofilament suture closure (0.37% SSI), 22.0% of patients (n=2,411) received an occlusive dressing (0.33% SSI), and 70.0% of patients (n=7,665) received none of the aforementioned measures (0.60% SSI). Based on univariate analysis, betadine irrigation was the only measure that significantly reduced the incidence of infection (odds ratio [OR] 0.38, 95% CI 0.15–0.96). Even after accounting for ten variables, the SSI risk reduction with the use of betadine irrigation was nearly significant (OR 0.28, 95% CI 0.07–1.1; p=0.067) and was independently significant on omnibus testing (p=0.044). Further, suture closure (OR 1.17, 95% CI 0.31-4.5), application of an occlusive dressing (OR 0.64, 95% CI 0.15-2.7), and year of surgery were not significantly associated with a reduction in SSI.

Conclusion: While the implementation of multiple measures may have contributed to improvements in SSI prevention, intraoperative betadine irrigation appears to have played the greatest individual role. Our experience supports the addition of betadine irrigation to the perioperative armamentarium.
Introduction: First generation cephalosporins provide effective prophylaxis against most skin flora but may not adequately cover low virulence organisms, including coagulase negative staphylococcus. We performed this study to assess the relative effectiveness of PJI prophylaxis using a first-generation cephalosporin (Ancef) alone, ancef + vancomycin (A-V) or ancef + gentamicin (A-G), and the associated risks of renal impairment.

Methods: After obtaining IRB approval, we retrospectively reviewed 3,337 consecutive primary and revision lower extremity total joint arthroplasties, including 1,428 patients receiving Ancef alone (A), 1,178 patients receiving cefazolin and a single dose of vancomycin (A-V), and 731 patients receiving cefazolin and a single dose of gentamicin (A-G). A chart review was performed to determine patient demographic characteristics, physiological response to surgery, and incidence of subsequent septic or aseptic surgical procedures. Statistical assessment was accomplished using a paired student’s T-test or Fisher’s Exact Test, with a p-value < 0.05 accepted as significant.

Results: Dual-agent A-V prophylaxis had substantially lower infection rates during the first 2 years after primary TJA compared with patients receiving either A or A-G prophylaxis (1.6% vs 2.9%, p=0.04) and after revision THA also (1.1% vs 12.5%, p=0.04). Patients who received Ancef alone and sustained a periprosthetic infection were more likely to have polymicrobial infections (25% vs 10%, p=0.06) or MRSA infection (13.8% vs 2.8%, p=0.04) than patients who received either dual-antibiotic PJI prophylaxis. There was a trend towards a proportion of patients with uncorrected creatinine elevation > 1.5 mg/dl (0.4% vs 0.07%, p=0.06), but no patients in the A-V group required hemodialysis.

Conclusion: While first generation cephalosporins lower PJI infection rates, infections with low virulence organisms may still occur. In our institution, the addition of a single dose of Vancomycin effectively reduced PJI infection rates in primary TJA and revision THA with a low risk of renal impairment.
Paper #17

Reduction of Total and Viable Particles in the OR Setting by Using Ultraviolet In-Room Air Disinfection and Recirculation Unit

Gannon L. Curtis, MD, Mhamad Faour, MD, Michael Jawad, BS, Alison K. Klika, MS, Wael K. Barsoum, MD, Carlos A. Higuera, MD

Introduction: Postoperative infection is a major concern in total joint arthroplasty. It has been shown that the air is a major source of surgical wound contamination. Finding solutions to reduce airborne bioburden during surgery is critical.

Methods: A viable particle counter was deployed in an empty, positive-pressure operating room (OR) to measure total and viable particle counts (TPC and VPC). It was placed at the usual position of the surgical table during TJA cases. Over an 11-minute period, 8 air samples were taken. Five seconds before the 3rd and 6th sample occurred, someone walked in from the sub-sterile corridor to mimic a person entering the OR and then leaving during surgery. Ten experiments were performed as controls, and 10 experiments were performed with a crystalline ultraviolet C (C-UVC) unit actively circulating air for more than 30 minutes. Independent t-tests were used to determine statistical differences in TPC and VPC.

Results: After the first walk through occurred, TPC at the 4.5-minute mark measured 15,653 particles/m³ in the control cases, while it only measured 2,841 particles/m³ in the C-UVC cases (p=0.001). Also, overall TPC in the C-UVC cases were significantly lower compared to the control cases (36,310 vs 16,192 particles/m³; p=0.015). VPC in the C-UVC cases were also significantly decreased compared to the control cases following the first door opening as well (1,272 vs 120 particles/m³; p=0.01). Although, overall VPC was not significantly different between the groups (p=0.091). Similarly, TPC (p=0.267) and VPC (p=0.417) were not significantly different following the second door opening at the 7.5-minute mark.

Conclusion: C-UVC filtration has shown to be capable of significantly reducing TPC and VPC in a controlled OR setting. Further studies are needed to measure its impact on the TPC and VPC during regular TJA cases.
Paper #18

Reconsidering the Strategies to Manage Chronic Periprosthetic Total Knee Infections: Using Decision Analytics to Find the Optimal Strategy between One-Stage and Two-Stage Total Knee Revision

Karan Srivastava, MD, MBA, Andrew Nelson, MD, Kevin J. Bozic, MD, MBA, Eric Makhni, MD, MBA, Craig D. Silvertone, DO, Jason J. Davis, MD

**Introduction:** Treatment strategies of chronic periprosthetic infections (PJI) following total knee arthroplasty include either 2-stage or 1-stage revision. Even though 2-stage strategy is the gold-standard, there is significant morbidity and mortality with this strategy. One-stage revision is associated with lower mortality rates and better quality of life. Surgeons are faced with a difficult decision regarding which strategy to use to treat these infections considering the uncertainty in infection eradication, quality of life and societal costs. This study uses decision analysis to determine the optimal decision in managing these infections.

**Methods:** Expected-value decision trees were constructed to estimate the quality-adjusted life years (QALY) and costs associated with each strategy. Decision Tree 1 was constructed for all pathogens, while Decision Tree 2 analyzes difficult to treat pathogens including methicillin-resistant infections. Parameter values in the decision model such as mortality rate, reinfection rate and need for additional surgeries were derived from the literature. Medical costs were obtained from Medicare data. A Markov model was used to calculate QALYs gained over a 15-year period.

**Results:** In both decision trees, 1-stage strategy produced more QALYs and was the more cost-effective solution. In 90% of the Monte Carlo trials for Decision Tree 1, 1-stage was the dominant strategy in producing more QALY units and in being more cost-effective. In 72% of the Monte Carlo trials for Decision Tree 2, 1-stage was the dominant strategy in producing more QALY units and in being more cost-effective. Sensitivity analysis showed that reinfection rate with both strategies and mortality rate within the 1st year of surgery were the most sensitive parameters influencing the decision.

**Conclusion:** Despite 2-stage revision being the gold-standard treatment, the optimal decision that produces the highest quality of life is 1-stage revision. These results should be considered in shared decision making with patients who suffer from PJI following TKA.
Paper #19

Extended Oral Antibiotic Prophylaxis in High Risk Patients Substantially Reduces Primary Total Hip and Knee Arthroplasty 90-Day Infection Rate

Avinash Inabathula, BS, Julian Dilley, BS, Mary Ziemba-Davis, PhD, Lucian C. Warth, MD, Khalid A. Azzam, MD, Philip H. Ireland, MD, R. Michael Meneghini, MD

Introduction: Total joint arthroplasty (TJA) bundled and episodic payment models shift risk and cost associated with periprosthetic joint infection (PJI) to surgeons and hospitals. This causes some to avoid treating high-risk patients, subsequently burdening academic and tertiary care centers. In addition, there is little data that supports optimizing host risk factors preoperatively will subsequently decrease PJI rates, and there is recent data supporting extended oral antibiotic prophylaxis in reimplantation TJA. The study purpose was to evaluate whether extended oral antibiotic prophylaxis can minimize PJI in high-risk primary TJA patients.

Methods: A retrospective cohort study of 2,260 primary hip and knee arthroplasties from 2011 through 2016 at a suburban academic hospital with modern perioperative and infection-prevention protocols. Beginning January 2015, extended oral antibiotic prophylaxis for 7 days after discharge was implemented for all patients at high risk (diabetes, obesity, autoimmune disease, end-stage kidney disease, etc) for PJI. All patients diagnosed with PJI within 90 days were identified and statistically compared between groups with p<0.05 statistically significant.

Results: 1350 patients (59.7%) had one or more risk factors for PJI, and 34.7% of the entire cohort was discharged on extended prophylactic antibiotics. The overall 90-day periprosthetic infection rate was 1.5%. Infection rates were 1.1% (9/831) for patients without risk factors, 3.0% (19/641) for high-risk patients without extended antibiotics, and 0.6% (5/788) for high-risk patients discharged on extended antibiotic prophylaxis (p=0.001). The only non-protocol covariate to increase infection rate was use of a peri-articular injection with liposomal bupivacaine (p=0.013).

Conclusion: In selected patients at high risk for infection after primary TJA, a statistically significant and clinically meaningful reduction in 90-day infection rate can be realized with extended postoperative oral antibiotic prophylaxis. Further study is warranted before widespread adoption to ensure this protocol does not promote antimicrobial resistance and supports appropriate antibiotic stewardship.
What is the Optimal Criteria to use for Detecting Prosthetic Joint Infections in Total Joint Arthroplasty?

Sumit Kanwar, MD, Manisha Chand, MD, Ahmed Al-Mansoori, MBBS, Juan C. Suarez, MD, Preetesh D. Patel, MD

Introduction: Intraoperative culture (IC) are considered gold standard for diagnosing prosthetic joint infections (PJI), but still have a 30% false negative rate. To improve diagnostic accuracy for PJI, Musculoskeletal Infection Society (MSIS) criteria was developed and newer assays such as Alpha-defensin (AD) have been developed to further improve diagnostic accuracy. The purpose of our study was to evaluate the accuracy of AD when compared to MSIS criteria in diagnosing PJI.

Methods: A retrospective analysis of 217 hip and knee joint aspirations performed between 2014-2017. One hundred aspirates (46%) had revision surgery with IC obtained. Sensitivity (Sn), Specificity (Sp), Positive Predictive Value (PPV) and Negative Predictive Value (NPV) were calculated for MSIS criteria and AD in comparison to IC for all the intraoperative aspirations. Chi Square tests were performed for comparisons.

Results: Our results showed 33 positives for AD, 33 met MSIS criteria, and 17 had positive IC, which was significantly different between the groups (p<0.001). Based on comparison with IC the Sn of AD was calculated to be 94.1%; Sp: 78.3%; PPV: 47.1%; NPV: 98.5%. When comparing MSIS criteria with IC results showed a Sn of 94.1%; Sp: 79.5%; PPV: 48.5%; NPV: 98.5%. Phi test showed strong positive association between AD and MSIS criteria (F=1, p=0.001)

Conclusion: According to our results MSIS and AD have a strong positive association for diagnosing PJI, with a high sensitivity and negative predictive value. The addition of AD did not improve our accuracy beyond MSIS criteria alone.
Paper #21

90-Day Costs, Reoperations and Readmissions for Primary Total Knee Arthroplasty Patients of Varying BMI Levels

Karthikeyan E. Ponnusamy, MD, Jacquelyn Marsh, PhD, Richard W. McCalden, MD, Lyndsay Somerville, PhD, Edward Vasarhelyi, MD

**Introduction:** The purpose of this study is to compare 90-day costs and outcomes for primary total knee arthroplasty (TKA) patients between a non-obese (BMI 18.5-24.9) versus overweight (25-29.9), obese (30-34.9), severely-obese (35-39.9), morbidly-obese (40-44.9), and super-obese (50+) cohorts.

**Methods:** We conducted a retrospective review of an institutional database of primary TKA patients from 2006-2013, including patients with a minimum of three-year follow-up. Sixty-five super-obese patients were identified, and five other cohorts were randomly selected in a 2:1 ratio (total n = 715). Demographics, 90-day outcomes (costs, reoperations, and readmissions), and outcomes after three years (revisions and change scores for SF12, KSS, and WOMAC) were collected. Costs were determined using unit costs from our institutional administrative data for in-hospital resource utilization. Comparisons between the non-obese and other groups were made with Kruskal-Wallis tests for non-normal data and chi-square and Fisher's exact test for categorical data.

**Results:** The 90-day costs in the morbidly-obese ($11,568±1,960 mean±standard deviation, p <0.01) and super-obese ($14,021±7,903, p <0.01) cohorts were statistically significantly greater than the non-obese cohorts ($10,262±2,545). Only the super-obese cohort had statistically greater 90-day reoperation rates than the non-obese cohort (9.2% vs 2.3%, p =0.03). There was no difference in 90-day readmission rates. The septic revisions after 3 years were greater in the super-obese cohort compared to the non-obese cohort 6.2% vs 0.8% (p = 0.04). There were no other statistical differences between the other cohorts with the non-obese cohort at 90-days or after 3 years. Improvements in KSS and SF12 were comparable in all cohorts. The super-obese had a greater improvement in WOMAC scores than the non-obese (38 vs 26, p<0.01).

**Conclusion:** Policy changes may place super-obese patients at risk of losing arthroplasty care due to greater risks and costs compared to non-obese patients, but also lose access to comparable or better quality-of-life improvements.
Cost-Effectiveness of Total Knee Arthroplasty vs. Nonoperative Management in Non-Obese, Overweight, Obese, Severely-Obese, Morbidly-Obese and Super-Obese Patients

Karthikeyan E. Ponnusamy, MD, Edward Vasarhelyi, MD, Richard W. McCalden, MD, Lyndsay Somerville, PhD, Jacquelyn Marsh, PhD

Introduction: The purpose of this study is to estimate the cost-effectiveness of performing total knee arthroplasty (TKA) versus nonoperative management (NM) in non-obese (BMI 18.5-24.9), overweight (25-29.9), obese (30-34.9), severely-obese (35-39.9), morbidly-obese (40-49.9), and super-obese (50+) patients.

Methods: We constructed a state-transition Markov model to compare the cost-utility of TKA and NM in the six above mentioned BMI groups over a 15-year time period. Model parameters for transition probability (i.e. risk of revision, re-revision, death), utility, and costs were estimated from the literature. Direct medical costs of managing knee arthritis were accounted in the model. Indirect societal costs were not included. A 3% annual discount rate was used for costs and utilities. The primary outcome was the incremental cost-effectiveness ratio (ICER) of TKA versus NM. One-way and probabilistic sensitivity analysis of the model parameters were performed to determine the robustness of the model.

Results: Over the 15-year time period, the ICERs for the TKA versus NM for the different BMI categories were non-obese ($4,269/QALY), overweight ($3,757/QALY), obese ($3,841/QALY), severely-obese ($4,393/QALY), morbidly-obese ($6,155/QALY), and super-obese ($12,196/QALY). The higher BMI groups tended to have higher incremental QALYs, and also higher incremental costs. The probabilistic sensitivity analysis with an ICER threshold of $25,000/QALY showed that TKA would be cost-effective in 100% of non-obese, overweight, obese, and severely-obese; 99.99% of morbidly obese; and 98.18% of super-obese simulations.

Conclusion: The average Medicare bundled payments is approximately $25,000 for 90 days of care. At this payment value, our model showed that in the vast majority of cases TKA would be cost effective for all obesity levels, and that BMI cut-offs for TKA may lead to unnecessary loss of healthcare access.
Introduction: Without adequate risk stratification, bundled payments may be inequitable to providers and restrict access to care for certain patients. The Comprehensive Care for Joint Replacement (CJR) program incorporates risk-adjustment for Diagnosis-Related Group (DRG), geography and cases performed for hip fractures. The goal of this study was to assess additional factors that could improve risk stratification for this program.

Methods: A 20% random sample of Medicare patients spanning 2008-2012 was queried. 95,024 patients were identified who met CJR inclusion criteria (DRG 469, or 470). Reimbursement was used as a proxy for costs of care, and was determined for each patient over the bundle period (including 90 days of post-discharge care). Multi-variable regression examined demographics, comorbidities, geography, and specific types of surgery and fractures to identify associations with reimbursement.

Results: Average reimbursement was $18,786 ± 12,386. Older age was associated with higher payments compared to patients aged 65-69 (p < 0.05). Dementia was associated with $781 ± 172 lower reimbursement (p < 0.01). The highest reimbursement was noted for end stage renal disease, patients with AIDS and acute peptic ulcer disease (PUD). There was considerable variation in payments by state. Cases performed for hip fractures earned higher reimbursement. Male gender was associated with $8,832 higher reimbursement (p = 0.02) compared to females. Patients in DRG 469 tend to cost $7,277 more than those in DRG 470. Risk stratification incorporating individual comorbidities displayed greater accuracy than current methods in the CJR program, which uses DRG, presence of fracture, and geography (R2 = 0.23 vs. 0.17).

Conclusion: These results suggest that CJR bundled payments should incorporate a more robust risk-stratification to ensure fair reimbursement and maintain access to care for all patients. In addition to DRG, cases performed for hip fractures, and geography, risk-adjustment calculations should include individual comorbidities and demographics.
No Optimal Antibiotic-Free Period Prior to Reimplantation for Periprosthetic Joint Infection

Timothy L. Tan, MD, Michael Kheir, MD, Jaiben George, MBBS, Carlos A. Higuera, MD, Antonia F. Chen, MD, MBA, Javad Parvizi, MD

Introduction: Two-stage exchange arthroplasty is the gold standard for management of periprosthetic joint infection (PJI) in the United States. An antibiotic-free period is often advocated by some surgeons prior to reimplantation, as this period serves as a clinical proxy of infection control by allowing surgeons to evaluate if there is any clinical worsening while the patient is off antibiotics. However, there is currently no conclusive evidence supporting the utility or duration of this common practice. Thus, the purpose of this study was to determine the utility and optimal duration of the antibiotic-free period prior to reimplantation.

Methods: The electronic infection databases of two institutions was retrospectively reviewed to identify 409 patients from 2000 to 2014. Total joint arthroplasties that met the Musculoskeletal Infection Society criteria for PJI, had less than a 60-day antibiotic-free period, and had a minimum of one-year follow-up were included. The following variables were collected: age, body mass index, gender, Charlson comorbidities, surgical and antibiotic treatment, antibiotic holiday duration, microorganisms, and other relevant information. Treatment success was defined according to the Delphi consensus criteria. A multivariate analysis was performed.

Results: The duration of the antibiotic-free period was not significantly associated with reinfection following reimplantation (odds ratio [OR] 0.94 per week, p=0.38) after controlling for potential confounders, such as joint involvement, gender, institution, and comorbidities. However, the duration of spacer implantation was significantly associated with reinfection (OR 1.05 per week, p=0.002). Of the patients that failed treatment, 41.5% (39/94) failed on antibiotics while 58.5% (55/94) failed during the antibiotic holiday period at a mean of 26.1 days.

Conclusion: The duration of an antibiotic-free period does not appear to significantly affect the PJI rate after reimplantation; however, the study demonstrates that many patients fail during the antibiotic holiday period.

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Introduction: The Centers for Medicare and Medicaid Services (CMS) have solicited public comments for the 2017 Proposed Rule to consider removing TKA from the Inpatient Only List. Concerns exist that if TKA is reclassified as an outpatient procedure like unicompartmental knee arthroplasty (UKA), CMS may no longer reimburse facilities for an inpatient stay. The purpose of this study is to determine whether Medicare-aged patients undergoing TKA were comparable to UKA patients with regard to rate of complications and length of stay.

Methods: We queried the American College of Surgeons-National Surgical Quality Improvement Program (ACS-NSQIP) database for all patients over age 65 who underwent elective TKA or UKA from 2014-2015. Demographic variables, medical comorbidities, length of stay, 30-day complication, and readmission rates were compared between UKA and TKA patients. A multivariate logistic regression analysis was then performed to identify independent risk factors for complications and hospital length of stay greater than 1 day. Statistical significance was set at p<0.05.

Results: Of the 50,487 patients in the study, there were 49,136 (97%) TKA patients and 1351 UKA patients (3%). Medicare-aged TKA patients had a longer mean length of stay (2.97 vs. 1.57 days, p<0.001), a higher complication rate (9% vs. 3%, p<0.001), and were more likely to be discharged to a rehabilitation facility (31% vs. 9%, p<0.001) than Medicare-aged UKA patients. When controlling for demographic factors and medical comorbidities, TKA patients were more likely to experience a complication (OR 2.562, 95% CI 1.904-3.447, p<0.001) and require a hospital stay greater than 1 day (OR 14.679, 95% CI 13.094-16.455, p<0.001) than UKA patients.

Conclusions: In the Medicare population, TKA patients have higher complication rates and require longer lengths of stay than UKA patients. When considering removing TKA from the Inpatient Only List, policymakers should use caution when extrapolating UKA data to TKA patients.
Introduction: Relative value units (RVUs) are utilized to determine the effort required for providing a service (or procedure) to a patient, and ultimately for compensation. The purpose of this study was to compare the: 1) RVUs; 2) length-of-surgery; and 3) RVU per unit of time between primary and revision total knee arthroplasty using a national database.

Methods: We utilized the American College of Surgeons, National Surgical Quality Improvement Program database from 2008 to 2015 to identify patients who underwent either a primary (CPT code 27447) or revision (CPT code 27487) TKA. There were 165,538 patients who underwent a primary and 8,099 who underwent a revision total knee arthroplasty. The mean RVUs, length of surgery (in minutes), and RVU per minute were calculated. T-tests were used to compare variables between primary and revision TKA. A p-value of less than 0.05 was used to determine statistical significance.

Results: There was a significant difference in the mean RVUs between primary and revision total knee arthroplasty (22 vs. 27 RVUs, p= 0.001). There was a significant difference in the mean length of surgery between primary and revision total knee arthroplasty (95 vs. 150 minutes, p=0.001). The mean RVU per minute was significantly higher in primary versus revision TKA (0.3 vs. 0.2 RVUs per minute, p= 0.001).

Conclusion: It appears that despite revision total knee arthroplasty being a longer, more technically challenging procedure, there is a significantly lower RVU per minute assigned for performance. Therefore, orthopaedic surgeons are reimbursed at a higher rate per minute for primary cases compared to revision total knees. It can be argued that there needs to be a shift to increase the RVU per unit time for revision TKAs, as they are more time-consuming, technically-challenging procedures.
Paper #27

**Fretting Corrosion and Polyethylene Damage Mechanisms in Modular Dual Mobility Total Hip Arthroplasty**

Hannah Spece, BS, Daniel W. MacDonald, MS, Michael A. Mont, MD, Gwo-Chin Lee, MD, Steven M. Kurtz, PhD

**Introduction:** Dual mobility (DM) implants can be helpful in minimizing instability in patients at risk for dislocation following THA. However, the additional articulation raises concerns about increased polyethylene liner damage, while an added metal interface of a modular DM design (MDM) can be a source of corrosion. This retrieval study aims to characterize in vivo damage and fretting corrosion of MDM hips.

**Methods:** Twenty-nine MDM explants with both ceramic and metal femoral heads were collected. A custom fixture and a mechanical testing frame were used to disengage the femoral heads from the polyethylene liners. The inner and outer liner surfaces were assessed using a modified Hood method to evaluate 7 different damage mechanisms. Fretting corrosion damage at the metal interfaces was assessed using a modified Goldberg method.

**Results:** A minimal fretting corrosion score of 1 was assigned to 70% of the femoral head tapers, 77% of the CoCr acetabular liner backsides, and 78% of the femoral stems. Corrosion tended to occur at the acetabular liner edges rather than at the pole. There were no cases of severe corrosion on any of the components. Surface damage, primarily scratching, burnishing, pitting, and embedded debris, was observed on all 29 polyethylene liners. There was no significant difference between the overall damage of the inner and outer surface for each component (p = 0.07). However, pitting and surface deformation scores were greater for the outer surface (p = 0.01, p = 0.002) while embedded debris scores were greater for the inner surface (p = 0.01).

**Conclusion:** Fretting corrosion and polyethylene damage was measurable in MDM articulations at short term follow up. While the clinical significance is unknown, it demonstrates the need for continued investigation as longer-term MDM retrievals become available.
Introduction: There is a paucity of literature evaluating the impact of smoking on revision arthroplasty procedures. The purpose of this study was to identify the effect of smoking on complications after revision total hip arthroplasty (THA).

Methods: We queried the American College of Surgeons National Surgical Quality Improvement Program (NSQIP) database to identify patients who underwent revision THA between 2006 and 2014. Patients were divided into current smokers and nonsmokers according to NSQIP definitions. Each cohort was compared in terms of demographic data, preoperative co-morbidities and operative time. Multivariate logistic regression analysis was utilized to adjust for confounding variables and calculate adjusted odds ratios (OR) and associated 95% confidence intervals (95% CI) for the outcomes of any wound complication, deep infection and re-operation within 30-days of revision TKA.

Results: In total, 8,327 patients had undergone a revision TKA procedure. Of these patients, 14.7% were current smokers and 85.3% were nonsmokers. Univariate analyses demonstrated that smokers had a higher rate of any wound complication (4.1% vs 3.0%, p = 0.04), deep infection (2.0% vs 1.0%, p = 0.003) and re-operation (6.9% vs 4.8%, p = 0.003) compared to nonsmokers undergoing revision THA. Multivariate analysis controlling for confounding demographic, comorbidity and operative variables identified current smokers as being at a significantly increased risk of deep infection (OR 1.6, 95% CI 1.04-2.36) and re-operation (OR 1.4, 95% CI 1.03-1.86) after revision THA.

Conclusion: This study demonstrates that smoking significantly increases the risk of infection and re-operation after revision THA. The results are even more magnified for revision procedures compared to published effects of smoking on primary THA complications. Further research is needed regarding the impact of smoking cessation on mitigation of these observed risk.
**Paper #29**

**High Rate of Failure Following Revision of a Constrained Liner**

Michael D. Hellman, MD, David J. Kaufman, MD, Scott M. Sporer, MD, Wayne G. Paprosky, MD, Brett R. Levine, MD, Craig J. Della Valle, MD

**Introduction:** Revision to a constrained liner is one option for managing the unstable total hip arthroplasty. Little is known, however, about the results of revision surgery for a failed constrained liner. The purpose of this study was to examine the outcomes of repeat revision following failure of a constrained liner.

**Methods:** We reviewed 1,212 consecutive revisions and identified 74 (6%) performed for a failed constrained liner in 46 patients. The cohort consisted of 34 women and 12 men with a mean age of 65 years old. The most common reasons for revision of a constrained liner were recurrent instability (64.9%) and infection (25.7%). The mean number of previous hip surgeries was 3.6 (range, 3 to 7). Sixteen patients had abductor insufficiency (34.8%). Patient and procedural characteristics associated with failure were tested using bivariate Cox-regression analysis. A p-value of 0.05 was considered significant; 0.004 with Bonferroni correction.

**Results:** At a mean of 35 months (range, 1 to 87 months) 42 of the 74 hips (57%) required repeat revision. KM estimated revision free survival was 43% at 5 years (95%CI, 29–56%) and 24% at 10 years (95%CI, 10–39%). Thirty-two of the 74 revisions (43%) had a dislocation event after the index revision. KM estimated cumulative dislocation-free survival was 49% at 5 years (95%CI, 34–63%) and 43% at 10 years (95%CI, 27-59%). There was a higher failure rate among the 34 patients with abductor deficiency (HR 1.90, 95%CI, 1.06–3.43; p=0.032). With the numbers available, no revision strategy, including conversion to a large diameter femoral head or dual-mobility construct, conferred a significant reduction in the failure rate.

**Conclusion:** Patients undergoing revision of a failed constrained liner have a very high likelihood of recurrent dislocation and repeat revision surgery. Additional studies are needed to identify optimal management strategies for this complicated subset of patients.
Introduction: Arthrofibrosis after total knee arthroplasty (TKA) is a difficult problem for patients and surgeons. Although relatively uncommon, it is a significant cause of patient dissatisfaction when it occurs. The purpose of this study was to evaluate outcomes after revision TKA for arthrofibrosis.

Methods: We report the results of 65 patients who underwent revision TKA for arthrofibrosis. Infected cases were excluded from this analysis. All patients underwent full revision TKA performed by one of 5 fellowship trained arthroplasty surgeons at a single institution between 2007 and 2015. Preoperative and postoperative range of motion (ROM), as well as Knee Society Scores (KSS) were recorded. Average follow-up was 47 months with minimum 2-year follow-up.

Results: Mean extension, flexion, KSS pain, KSS function, Knee scores and Total scores improved to a statistically significant extent after full revision TKA for arthrofibrosis. Mean preoperative flexion improved from 89.5 degrees to 103.3 degrees. Mean flexion contracture improved from 10.6 degrees to 3.4 degrees. BMI, age and gender were not statistically significant predictors of successful treatment, except that females had a modest but greater improvement in extension when compared to males. Patients who underwent revision for unidentified causes of arthrofibrosis in this study achieved similar improvements in ROM and KSS to patients who had identified causes such as malalignment or oversized components. We did not find that the time to revision surgery was a significant factor in our patients’ outcomes, which is contrast to previous reports.

Conclusions: This is the largest series of complete revision TKA performed for arthrofibrosis to our knowledge. While arthrofibrosis after TKA can be a difficult problem to manage, consistent improvements in ROM, function and quality of life can be achieved with revision TKA.
Introduction: Unicompartmental knee arthroplasty (UKA) is touted as a more conservative, bone- and tissue-sparing procedure than total knee arthroplasty (TKA). Likewise, revision of UKA to TKA is generally a simpler procedure than revision of TKA to TKA and can be accomplished with primary TKA components in most cases. The purpose of this study was to review a consecutive series of patients undergoing revision of failed UKA to TKA to determine if etiology is similar to that reported in recent literature, and evaluate if the results align more with primary TKA versus revision of TKA to TKA.

Methods: A query of our private practice registry revealed 174 patients underwent 180 revisions of failed UKA from 1996 to 2014. Mean age at revision was 63.3 years (37-86), BMI was 32.3 kg/m2 (20-58), and interval after UKA was 4.9 years (0-35). Most prevalent indications for revision of UKA were aseptic loosening (45%) arthritic progression (17%) and tibial collapse (13%).

Results: At 4 years mean follow-up, 5 knees (2.8%) have required re-revision, which is similar to what we recently reported at 5.5 years in a group of patients who underwent primary TKA (6 of 189; 3.2%), and much lower than what we observed at 6.0 years in a recent study of patients who underwent aseptic revision TKA (35 of 278; 12.6%). In the study group, Knee Society Clinical and Function scores improved from 50.8 and 50.7 preoperatively to 81.6 and 62.7 at most recent. Re-revisions were for instability (2), and 1 each aseptic loosening, infection, and arthrofibrosis.

Conclusions: Compared to published individual institution and national registry data, re-revision rates of failed UKA are equivalent to revision rates of primary TKA and substantially better than re-revision rates of revision TKA. These data should be used to counsel patients undergoing revision UKA to TKA.
Extensor Mechanism Reconstruction with Synthetic Mesh: Large Series of 77 Total Knee Arthroplasties

Matthew P. Abdel, MD, Christopher G. Salib, MD, Kristin C. Mara, MS, Mark W. Pagnano, MD, Kevin I. Perry, MD, Arlen D. Hanssen, MD

Introduction: Extensor mechanism disruptions after total knee arthroplasties (TKAs) are debilitating, with a variety of results reported after numerous reconstructive options. We previously reported the early results on 13 patients reconstructed with synthetic mesh. The purpose of the current study was to assess the results in a larger cohort, with emphasis on success of the mesh, clinical results, and functional outcomes.

Methods: Between 2000 and 2015, 77 patients (77 TKAs) underwent synthetic mesh reconstruction for an extensor mechanism disruption (28 for quadriceps tendon disruptions, 42 for patellar tendon disruptions, and 7 for patellar fractures) at a single tertiary care academic institution. The mean age at time of reconstruction was 66 years, with 69% being female. The mean BMI was 35 kg/m², and mean follow-up was 4 years. Eighteen underwent mesh reconstruction with primary TKAs in situ, while 59 had mesh reconstructions at the time of revision TKA. Twenty patients (26%) had previous attempts at extensor mechanism reconstructions at outside institutions. The mean time between disruption and reconstruction was 7 months.

Results: Of 77 mesh reconstructions, 65 were in situ at last follow-up (84%). Twelve failures required mesh revision due to patellar tendon re-rupture (5/12), quadriceps tendon re-rupture (5/12), and symptomatic lengthening (2/12). Four mesh failures were treated non-operatively with bracing. Survivorship free of mesh revision was 83% at 2 years in patients with no prior reconstruction, and 90% at 2 years in patients with previous attempts at non-synthetic mesh extensor mechanism procedures. Knee Society Scores significantly improved (p<0.0001). Extensor lags improved by a mean of 28° with a mean postoperative extensor lag of 9° (p<0.0001).

Conclusions: Extensor mechanism reconstruction with synthetic mesh is a viable option in patients with catastrophic disruption after TKA. At most recent follow-up, 84% were in situ, and the functional outcomes were excellent.
Symposium IV

Practice Norms in Primary Hip and Knee Arthroplasty: What is Everyone Doing?

Moderator: Jay R. Lieberman, MD

Dr. Lieberman will conduct a poll of attendees using the audience response system with real-time display of results and commentary.
The James A. Rand Young Investigator’s Award

Battling the Opioid Epidemic with Prospective Pain Threshold Measurement

Brian T. Nickel, MD, Mitchell R. Klement, MD, William A. Byrd, MD, David E. Attarian, MD, Thorsten M. Seyler, MD, PhD, Samuel S. Wellman, MD

Introduction: Responsible analgesic prescribing is paramount in the opioid epidemic era yet there exists no standardized outpatient prescription regimen with total joint arthroplasty. We aim to: (1) quantify and correlate the amount of outpatient opioid needed after total knee and hip arthroplasty (TKA/THA) with preoperative objective pain pressure thresholds (PPT) and subjective pain measures (2) report incidence of non-surgical opioid prescription in the six-week postoperative period.

Methods: Prospectively, PPTs were measured using an algometer with a maximum force of 20 pounds in 160 consecutive patients undergoing arthroplasty (90 TKA/70 THA). Two locations tested: operative joint (medial epicondyle for TKA or lateral iliac crest for THA) and contralateral olecranon for systemic threshold. Visual Analog Score (VAS), Pain Severity Score (PSS), Pain Interference Score (PIS), and subjective pain threshold also obtained. Six-week outpatient narcotic consumption in morphine equivalents recorded and prescriptions cross checked with North Carolina Controlled Substance Reporting System. Multivariate analysis was performed to evaluate local and systemic PPT and subjective measures with narcotic consumption.

Results: Average operative site and systemic PPT were 6.91 and 7.72 pounds force, respectively. Subjective averages were: VAS 7.14, PSS 5.05, PIS 5.16, and perceived threshold 6.77. Six-week average outpatient narcotic consumption was 314.9 morphine equivalents or 125 five milligram oxycodone pills. On average patients required narcotics for 29 days and 20% received opioids from outside providers. Linear regression revealed a negative correlation between operative site PPT (-0.26; p=0.047) and systemic PPT (-0.31; p=0.021) while all subjective pain metrics failed to meet significance.

Conclusion: This novel, prospective study demonstrated a statistically significant negative correlation between preoperative pain threshold and outpatient narcotic consumption. 20% of patients received opioid prescriptions outside orthopaedic providers in the six weeks following surgery highlighting the importance of interdisciplinary communication. This information may prove vital in the development of a standardized prescribing policy.
Introduction: There has been recent scrutiny from the media and federal government regarding the safety of one surgeon doing cases in two operating rooms (ORs) on the same day, but little data exists to address potential concerns. Over the past 11 years, surgeons at our institution have done total joint cases in one of two ways: either consecutively in one OR on a given day or overlapping using two ORs. This study reviews cases done via these two different methods with a focus on comparing revisions and complications between the two groups.

Methods: Using an institutional database, all primary hip and knee arthroplasties from 2006 thru 2016 were identified. Six surgeons performed a total of 16,950 cases, including 7,530 total hips and 9,420 knee arthroplasties. 7,065 (42%) were consecutive cases (CCs) and 9,885 (58%) were overlapping cases (OCs). The database was queried to compare the incidence of any component revision and complications within 90 days of surgery between the CC and OC groups.

Results: There was no difference in 90-day component revision rates among the CC and OC groups (0.6% vs. 0.8% respectively for all cases, p=0.20; 0.7% vs. 1.1% respectively for hips, p=0.12; 0.5% vs. 0.5% respectively for knees, p=0.79). There was also no difference in 90-day complication rates among the CC and OC groups (3.4% vs. 3.7% respectively for all cases, p=0.36; 4.2% vs. 4.0% respectively for hips, p=0.70; 2.9% vs. 3.5% respectively for knees, p=0.17).

Conclusions: This large study from a single institution with multiple surgeons over an 11-year period shows no compromise in patient safety or outcomes when comparing cases done in either consecutive or overlapping rooms.
Introduction: Obesity is an established risk factor for deep infection following total knee arthroplasty (TKA). Low-dose vancomycin via intraosseous regional administration (IORA) obtains tissue concentrations 6-10 times greater than systemic administration, and provided more effective prophylaxis in an animal model of TKA. Enhancing prophylaxis is appealing in the higher-risk obese patient, but the pharmacodynamics of IORA in this population group are unknown. This study compared low-dose vancomycin via the IORA versus a body-weight adjusted systemic IV dose in primary TKA in obese patients.

Methods: Twenty-two patients with a body mass index >35 undergoing TKA were randomized into two groups. The IV group received 15mg/kg (maximum of 2g) of systemic IV prophylactic vancomycin over a two-hour infusion into an arm vein, timed to finish immediately prior to incision. The IORA Group received 500mg vancomycin in 150ml saline as a bolus injection into a tibial intraosseous cannula, below an inflated thigh tourniquet, immediately before skin incision. Subcutaneous fat and bone samples were taken at regular intervals until skin closure. Tissue antibiotic concentrations were measured using high performance liquid chromatography.

Results: The mean BMI was 41.1 (range 37-52) in the IORA group and 40.1 (range 35-52) in the IV systemic group. The overall mean tissue concentration in subcutaneous fat was 39.3ug/g in the IORA group and 4.4ug/g in the IV systemic group (p<0.01), and in bone were 34.4ug/g in the IORA group and 6.1ug/g in the IV systemic group (p<0.01). Two patients in the IV systemic group developed superficial wound infections, no deep infections occurred in either group.

Conclusion: Low-dose IORA was effective in the high-BMI population group, providing tissue concentrations of vancomycin 6-8 times higher than systemic administration. This was despite an IORA unadjusted dose of 500mg, compared to a weight-adjusted systemic dose.
# Symposium V

## Managing the Opioid Epidemic: The Role of the Orthopaedic Surgeon and Anesthesiologist

Co-branded by AAHKS and the American Society of Regional Anesthesia and Pain Medicine

**Moderator:** William A. Jiranek, MD  
**Faculty:** Asokumar Buvanendran, MD, Lawrence D. Dorr, MD, Mark J. Spangehl, MD, Eugene Viscusi, MD

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Discussion and Questions, William A. Jiranek MD
Introduction: Patient reported outcome measures are increasingly recognized as important in quantifying the clinical success of TKA. One such metric is the Forgotten Joint Score, which measures the ability of a patient to forget about their joint following surgery. Two of the primary technical goals of TKA surgery are to align the components properly and balance the soft tissues as these factors are thought to contribute to the clinical success (and lack of joint awareness) following TKA. The aim of this study was to measure post-operative joint awareness in patients with and without a balanced knee following primary TKA.

Methods: Eligible patients were randomized to one of two patient groups: sensor-guided TKA or surgeon-guided TKA. Intraoperative sensors were utilized in all cases. The validated Forgotten Joint Score-12 was assessed at 6 weeks and 6 months post-operatively. For the purposes of this study, the two randomized subject groups were pooled and stratified by their state of soft-tissue balance. “Balanced” knees were defined as having a mediolateral load differential of less than 15 lbf and “unbalanced” knees were defined as having any mediolateral load differential greater than 15 lbf. 149 subjects had 6-week data and 87 subjects had 6-month data.

Results: Of the 149 patients with 6-week data, 83 were balanced and 66 were unbalanced. Of the 87 subjects with 6-month data, 51 were balanced and 36 were unbalanced. At both 6 weeks and 6 months, the balanced group of patients reported being less aware of their joint replacement compared to the unbalanced group (Balanced 6wk 33.2 +/-9.9; Unbalanced 6wk 36.2 +/-11.6; p=0.040); (Balanced 6m 20.4 +/-12.6; Unbalanced 6m 26.5 +/-13.6; p=0.021).

Conclusions: The results of this study demonstrate that patients with quantitatively balanced TKA have statistically significantly lower Forgotten Joint Scores than patients with unbalanced TKA.
Introduction: Prosthetic joint infection (PJI) is a deleterious complication of total knee arthroplasty (TKA). A mainstay of diagnosing PJI is the synovial aspirate. While the Musculoskeletal Infection Society (MSIS) has provided cutoff values for synovial leukocyte count and neutrophil percentage, it is unknown if these values are valid in patients with compromised immune systems. We sought to assess whether the accepted cutoff values for synovial leukocyte count and neutrophil percentage are valid in targeted immunosuppressed individuals.

Methods: We retrospectively analyzed synovial aspirates from 17 patients who had previously undergone a TKA and had one of a number of targeted diagnoses indicative of immunosuppression; 5 were found to be infected, 12 were not. Sensitivity, specificity, positive predictive value, and negative predictive value were calculated using the MSIS cutoff values as well as various combinations with serum erythrocyte sedimentation rate (ESR) and C-reactive protein (CRP).

Results: The median synovial fluid leukocyte count (26,000 compared with 314 cells/10-3cm3; p <0.001) and neutrophil percentage (84% compared to 26%; p=0.002) were significantly higher in patients with PJI. Applying the defined cutoff value for leukocyte count (>1100 cells/10-3cm3) and neutrophil percentage (>64%) to our cohort, we found identical sensitivities and specificities of 100% (95% confidence interval, 56.6% to 100%) and 83.3% (95% confidence interval, 55.2% to 95.3), respectively.

Conclusion: The present study suggests that a synovial fluid cell count of >1100 cells/10-3cm3 and a neutrophil percentage >64% are adequate cutoff values to differentiate between TKA with and without infection in targeted immunosuppressed individuals.
Introduction: Total knee arthroplasty (TKA) surgical techniques target equal flexion and extension gaps to produce a well-balanced knee. Some patients have mid-flexion instability despite stability at 0 degrees and 90 degrees of flexion. This study aims to determine the effects of TKA stability while changing femur implant size and position.

Methods: A computational analysis was performed simulating knee flexion of posterior stabilized (PS) or cruciate retaining (CR) TKA designs using previously validated software. Deviations from the ideal TKA implant position were simulated by adjusting tibiofemoral proximal-distal position and femur anterior-posterior position as well as implant size. Forces in ligaments connecting the femur and tibia were collected. Anterolateral and posteromedial bundles of the PCL were also measured for CR designs. Total tibiofemoral ligament load for mid-knee flexion of 15-75° was analyzed versus proximal-distal implant position, implant size, implant design, and knee flexion for PS and CR knees. PCL load was also analyzed for CR knees.

Results: Total tibiofemoral ligament load was significantly reduced by a more proximal tibiofemoral and anterior femur position (p<.001). Implant size did not have a significant effect on tibiofemoral ligament load (p>0.1). Implant design and knee flexion significantly influenced total tibiofemoral ligament load (p<.001), but the interactions with implant proximal-distal position were not significant (p>0.2), indicating that implant proximal-distal position had a similar effect across the 15°-75° knee flexion range for both studied PS and CR implant designs.

Conclusion: PS and CR TKA can be well-balanced at 0° and 90° knee flexion and have instability in mid-flexion. Elevating the joint line and shifting the femur anteriorly can cause the knee to be too loose in mid-flexion. If the knee is too tight in mid-flexion, resecting more distal and posterior femur, downsizing the femoral if necessary, and increasing the tibial insert thickness can provide stability.
**Paper #36**

**Total Knee Arthroplasty in the Osteoporotic Tibia: A Biomechanical Evaluation of the Role of Stem Extensions and Cementing Techniques**

Christopher P. Walsh, MD, Shuyang Han, PhD, Colin Douglas Canham, MD, Jasmine L. Gonzalez, Philip C. Noble, PhD, Stephen J. Incavo, MD

**Introduction:** When total knee arthroplasty (TKA) is performed in the osteoporotic patient, poor functional outcomes and aseptic loosening increase, primarily due to compromised fixation of the prosthetic components. This may be addressed by adding stem extensions to the components, however, little data exists to support this practice. In this biomechanical study, we evaluate the impact of a stem extension on the stability of tibial fixation in the osteoporotic patient.

**Methods:** A standard design of tibial tray was implanted in a modified replica of the male osteoporotic tibia previously validated for fixation testing studies. Twenty-four implantations were performed using 3 variations of implant and cementing (8 surrogate tibias per group): 1) Primary implant (34mm keel) with surface cementing only, 2) Primary implant with full cementing, 3) Same as #2 with addition of a 30mm stem extension. Each construct was mounted in an MTS load frame and subjected to 500 cycles of multiaxial loading simulating walking. The 3D components of tray-tibia micromotion were measured at medial and lateral sites using digital image correlation (DIC) analysis.

**Results:** Total interface motion of the primary implants was 25.9µm±14.7µm with surface cementing and 10.6µm±7.6µm with full cementing (p=0.001). In comparison, the 3D motion of the fully cemented primary implants with a stem extension was only 4.4µm±3.9µm. This is only 17% of the surface cemented case (p<0.0001) and 42% of the fully cemented components without a stem extension (p<0.009).

**Conclusion:** As tibial components displayed greater stability when fully cemented, we do not recommend cementing of only the proximal surface of the osteoporotic tibia. As we observed the least micromotion after addition of a stem extension to the primary implant, we believe that the use of a longer stem may provide an advantage in osteoporotic TKA.
Introduction: There is recent interest in custom knee implants which provide patient specific instrumentation and potentially a better fit of the prosthesis. While many Unicondylar knee replacements (UKR) have demonstrated excellent durable results, there is little evidence on the track-record of newer custom-made implants.

Methods: We performed a retrospective review of all custom medial compartment UKR performed at our institution by a single surgeon from 2008-2014. A detailed review of patient factors, operative reports, clinical/radiographic follow-up was performed. The incidence of revision, radiographic and clinical failures was calculated at a minimum of 2 years. An analysis of risk factors was performed, including side, age, gender, BMI, ROM, and tibial insert thickness. Regression was used to compare continuous variables. Fischer exact test was used to determine correlation of categorical variables to incidence of revision.

Results: 115 consecutive custom medial UKR from a single manufacturer were performed during the study period. At an average of 32 months follow-up, 25 (21.7%) of the UKR had been revised to TKR. Of these revisions, 9 (36%) were revised for loosening of the femoral component, 6 (24%) were revised for loosening of the tibial component, 4 (16%) for loosening of both components, 3 (12%) for osteoarthritis, 2 for infection, and 1 for a dislodged polyethylene insert. Overall, 19 (17%) of the UKR in this series were revised for aseptic loosening and 13 (11.3%) of these involved the femoral component. We found no significant relationship between aseptic or femoral component loosening and any of the study variables.

Conclusion: In this series of custom medial compartment UKR, we found a high rate of aseptic loosening and femoral component loosening at relatively short-term follow-up. While a larger study may help to verify these findings, we recommend careful consideration of use of this implant based on our experience.
Results of Cemented vs. Cementless Primary Total Knee Arthroplasty Using the Same Implant Design

Adam J. Miller, BS, Jeffrey D. Stimac, MD, Anthony W. Feher, MD, Langan S. Smith, BS, Arthur L. Malkani, MD

**Introduction:** Although cemented TKA continues to be the gold standard, there are patient populations with higher failure rates with cemented TKAs, including obese and younger active patients. Patients are also living longer which makes the use of cementless or biologic fixation more attractive. The purpose of this study was to compare the results of cemented versus cementless TKA using the same design implant.

**Methods:** 200 patients undergoing primary cementless TKA using a highly porous tibial baseplate with mean age of 64 years (range: 42 to 88), mean BMI of 33.9 and mean follow-up of 27.6 months were compared with 200 cemented baseplates of the same design with mean age of 64 (range: 43 to 87), mean BMI of 33.1 and mean follow-up of 63.4 months. Clinical and radiographic results were compared including complications and revisions.

**Results:** There was no difference in age, BMI, and pre-op Knee Society scores between the groups. Cementless group demonstrated significantly higher 2-year knee scores compared to the cemented group (p<.005). Cementless group had one case of aseptic tibial component loosening (.05%), whereas the cemented group had 5 cases of aseptic loosening (2.5%). Overall revisions and complications were similar in both groups. Dense areas of spots welding were noted primarily around the pegs of the cementless tibial baseplate.

**Conclusions:** Results of cementless TKA using a highly porous tibial baseplate appear promising with early data at least equivalent to cemented TKA. Once biologic fixation is achieved, it is unlikely that cementless implants would fail due to aseptic loosening. As patient demographics undergoing TKA change to include younger, active, and obese patients along with increased life expectancy, the role of cementless TKA has increased. Longer follow-up is required to determine if benefits of biologic fixation using a highly porous implant will demonstrate improved survivorship versus cemented implants.
Symposium VI

Choices, Compromises, and Controversies in Total Knee and Total Hip Arthroplasty

Moderator: Adolph V. Lombardi, Jr., MD, FACS
Faculty: Mark W. Pagnano, MD, C. Lowry Barnes, MD, Jay R. Lieberman, MD, Giles R. Scuderi, MD

Objectives:

1. Appreciate current controversies in total knee arthroplasty and develop an analytical approach to assessment of these controversies.

2. Understand the subtle differences of opinions on various choices and compromises in total knee arthroplasty.

3. Understand the various repercussions of different choices in performing total knee arthroplasty and develop a personal approach.

Outline:

Case 1
My Approach to Metal Sensitive Patient: Ignore It,
Mark W. Pagnano, MD

Case 2
Modifiable Risk Factors: What You Need to Know,
C. Lowry Barnes, MD

Case 3
DVT Prophylaxis: State of the Art,
Jay R. Lieberman, MD

Case 4
My Postoperative Algorithmic Approach for Postoperative Complications, Giles R. Scuderi, MD
Association between Pseudotumor Formation and Patient Factors in Metal-on-Metal Total Hip Arthroplasty Population

Lindsay Kleeman, MD, Daniel E. Goltz, BS, Joseph G. Mammarappalli, MD, PhD, Thorsten M. Seyler, MD, PhD, Samuel S. Wellman, MD, Michael P. Bolognesi, MD

Introduction: Pseudotumor formation following metal-on-metal (MoM) total hip implants can be a devastating complication predisposing to instability and infection. Our study was to determine if there is a relationship between pseudotumor type and specific patient factors, metal ion levels, implant parameters, and patient outcomes.

Methods: We retrospectively reviewed patients who underwent primary total hip arthroplasty (THA) with a MoM implant at our institution between 2002-2013 (minimum 2 years follow-up). Patients who underwent hip MRI (with MARS sequencing) following surgery were included in our review. MRI images were independently reviewed by a fellowship-trained radiologist with pseudotumors graded using a validated classification system. Statistical significance was calculated using an unpaired two-tailed t-test for continuous variables and a chi-square test for categorical variables.

Results: Our institution performed 966 MoM THAs in 830 patients. We identified 207 hips with a post-operative MRI. Evidence of pseudotumor was present in 107 hips (52%), with an average size of 113.8 cm^3. Of these, 65 (61%) were cystic with a wall thickness less than 3 mm, 22 (21%) were cystic with a wall thickness greater than 3 mm, and 20 (19%) were predominantly solid masses. Patients with thick-walled cystic or solid masses had significantly higher cobalt and chromium levels than those with a thin-walled pseudotumor (p <0.001). Patients with pseudotumor had larger cup sizes, high offset stems, and were more likely to be revised than those without evidence of pseudotumor (all p < 0.05). Patients with thick-walled cystic or solid masses were more likely to be revised than those with thin-walled cystic masses (p < 0.001).

Conclusion: Pseudotumor formation following metal-on-metal total hip arthroplasty is high, seen in 52% of our patients who underwent an MRI following their surgery. Risk factors for development of a pseudotumor include elevated cobalt levels, larger implant head size and high.
**Introduction:** With a renewed interest in surgical approach, our aim was to perform the first single institution study on the risk for early operative and non-operative mechanical complications after THA based on approach.

**Methods:** A retrospective observational study was conducted on 16,186 consecutive primary THA cases performed by 17 surgeons from 2010-2016. Revision or conversion THA and cases performed for hip fracture, with a recalled prosthesis, or during a surgeon’s learning period were excluded. THAs were performed using a direct anterior (DA; n=5,465), direct lateral (DL; n=8,561), or posterolateral approach with soft tissue repair (PL; n=2,160). All mechanical complications, including instability/dislocation, periprosthetic fracture, loosening, and prosthesis failure, within the first two years were identified with an extensive manual review of institutional records. The primary analysis was performed with time to event Cox regression, accounting for patient and surgeon characteristics.

**Results:** Compared with the DL approach, the risk for mechanical complications was higher for both the DA (hazard ratio [HR] 2.4) and PL (HR 2.0) approaches. Instability accounted for the greatest risk increase, especially for PL patients (HR 10.0), with adjusted 2-year incidences of 0.17%, 0.74%, and 1.74%, respectively, for the DL, DA, and PL approaches. While occurring at similar rates for the PL and DL approaches, the risk for periprosthetic fracture and loosening were increased for the DA approach (HR 2.3 and 1.7, respectively). Thus, femoral failure, including fracture or loosening requiring reoperation, occurred more frequently for DA patients, with an adjusted incidence of 1.20% compared with 0.58% and 0.47%, respectively, for the DL and PL approaches.

**Conclusion:** Even with soft tissue repair, instability continues to plague the PL approach. While reducing dislocation, a higher risk of femoral failure with DA THA must also be considered. Nevertheless, the DL approach appears to confer the lowest overall risk for mechanical complications.
**Paper #41**

**Sensitivity and Specificity of Metal Ion Level in Predicting Head-Neck Taper Corrosion in Metal-on-Polyethylene Total Hip Arthroplasty**

**Yun Peng, PhD**, John MacAuliffe, MS, Paul G. Arauz, PhD, Elizabeth Sridhar, Olivia Stoddard, Young-Min Kwon, MD, PhD

**Introduction:** While metal ion levels are a useful diagnostic test for assessing metal-on-metal total hip arthroplasty (THA), the utility of metal ion levels in evaluating metal-on-polyethylene (MoP) patients with head-neck taper corrosion has not been previously reported. The aim of this study was to investigate the sensitivity and specificity of serum metal ions as a predictor of head-neck taper corrosion associated adverse local tissue reactions (ALTR) in MoP THA patients.

**Methods:** In this case-control study, a total of 68 MoP THA patients (28M:40F) were investigated. There were 2 patient groups: (1) Case group: ALTR detected on metal artifact reduction (MARS) MRI (n=41); and (2) Control group: without ALTR on MARS MRI (n=27). All patients had metal-on-polyethylene THA with highly cross-linked polyethylene liners with cobalt-chromium femoral heads on Ti alloy femoral stems. Serum cobalt and chromium levels were analyzed. Receiver operating characteristic curve was constructed to determine the sensitivity and specificity using different metal ion cut-off values.

**Results:** The presence of ALTR was significantly associated with higher cobalt (8.0µg/L vs. 2.1µg/L, p=0.001), higher chromium (2.1µg/L vs. 1.1µg/L) and higher Co/Cr ratio (5.5 vs. 2.7, p=0.05). The area under curve for cobalt, chromium and Co/Cr ratio were: 0.799, 0.758 and 0.727, respectively. The optimal cut-off diagnostic values were 0.95µg/L for cobalt (sensitivity: 90.0%, specificity: 59.3%), 0.55µg/L for chromium (sensitivity: 82.5%, specificity: 70.4%) and 3.1 for Co/Cr ratio (sensitivity: 67.5%, specificity: 85.2%).

**Conclusions:** Although metal ion levels alone should not be relied on as the sole parameter to determine revision surgery, cobalt level>1µg/L and the Co/Cr ratio>3 are useful clinical diagnostic adjuncts in the systematic clinical evaluation for head-neck taper corrosion related adverse tissue reactions in patients with MoP THA. The study provides evidenced-based practical information for surgeons when interpreting metal ion levels in MoP THA patients for clinically relevant head-neck taper corrosion.
Paper #42

Early Outcomes of Revision Surgery for Head-Neck Taper Corrosion of Metal-on-Polyethylene THA with Pseudotumors in 43 Patients

John MacAuliffe, MS, Yun Peng, PhD, Paul G. Arauz, PhD, Young-Min Kwon, MD, PhD

Introduction: Recently, adverse local tissue reactions (pseudotumors) due to tribocorrosion of head-neck taper junctions in contemporary THA are emerging as an important reason for failure requiring revision surgery. The purpose of this study was to report early complication rates and outcome of revision surgery for head-neck taper corrosion in patients with metal-on-polyethylene (MoP) THA.

Methods: A total of 44 revision surgeries in 43 patients (M:18, F:25) with MoP THA with an average age of 68.2 years were evaluated. The time between index surgery and revision surgery was 77 months (range: 7-264). The follow-up period after revision was a minimum of 12 months (range: 12-45). The index femoral head size was 28mm (4), 32mm (15), 36mm (19), 40mm (5), and 46mm (1). The indication for revision surgery was the presence of symptomatic pseudotumours on MRI with elevated metal ion levels.

Results: At mean follow up of 13 months, at least one complication had occurred in 6 patients of the 44 revisions (14%): recurrent dislocations, acetabular component aseptic loosening, and infections. The overall re-operation rate was 7% (3 of 44 hips). The mean serum levels of cobalt decreased from 7.7 µg/L (2–56.1 µg/L) pre-revision to 3.0 µg/L (0.2–14.0 µg/L) post-revision. The mean serum levels of chromium were at similar levels with 2.0 µg/L (0.2–16.4 µg/L) pre-revision and 2.0 µg/L (0.2–8.3 µg/L) post revision.

Conclusion: The current study is one of the largest cohorts follow-up to date on the clinical outcomes of revision due to head-neck taper corrosion in MoP THA. A high rate of early complications (14%) and re-revisions (7%) was observed after revision of pseudotumour associated with head-neck taper corrosion. This information provides clinically useful information for pre-operative counseling of THA patients undergoing revision surgery for head-neck taper corrosion.
**Paper #43**

**Impaction Force Influences Taper-Trunnion Stability in Total Hip Arthroplasty**

**Jonathan R. Danoff, MD**, Jason Longaray, MS, Raga Rajaravivarma, MS, Ananthkrishnan Gopalakrishnan, MD, Antonia F. Chen, MD, MBA, William J. Hozack, MD

**Introduction:** Lack of uniformity in femoral head-trunnion assembly protocols and higher offset femoral heads may be associated with increased complication rates, possibly due to insufficient taper-trunnion engagement. This study investigated the influence of femoral head impaction force, number of head strikes/energy sequence, and head offset on the strength of the taper-trunnion junction.

**Methods:** Thirty titanium-alloy trunnions were mated with 36-mm zero-offset cobalt-chromium femoral heads of corresponding taper angle and preloaded with 10N. Each was mounted below a drop tower calibrated to impact the head with 2.5J or 8.25J, resulting in approximately 6kN or 14kN impaction force, respectively, in a single strike or combinations of 6kN+14kN or 14kN+14kN. Additionally, ten 36-mm heads with -5 and +5 offset were impacted with sequential 14kN+14kN strikes. Heads were subsequently disassembled utilizing a screw-driven mechanical testing frame and peak distraction force was recorded. Statistical calculations were performed using one-way ANOVA and Student’s t-tests with statistical significance set to p<0.05.

**Results:** Femoral head pull-off force was 45% the strike force, and heads struck with a single 14kN impact showed a pull-off force twice that of the 6kN group. Two head strikes with the same force did not significantly differ from those struck once for either 6kN (p=0.09) or 14kN (p=0.9). If the forces of the two impactions varied, but either impact measured 14kN, a 50% higher pull-off force was found compared to impactions of either 6kN or 6kN+6kN. Femoral head offset did not significantly change the pull-off force among -5, 0, and +5 heads (p=0.37).

**Conclusion:** Femoral head impaction force significantly determines femoral head stability, while offset does not affect pull-off force. Multiple head strikes do not add additional strength, as long as a single strike achieves 14kN force at the mallet-head impactor interface. Insufficient impaction force may lead to inadequate engagement of the trunnion-taper junction.
Intraoperative Evaluation of Acetabular Cup Position During Anterior Approach Total Hip Arthroplasty: Are We Accurately Interpreting?

Dimitri E. Delagrammaticas, MD, MS, George Ochenjele, MD, Brett D. Rosenthal, MD, Benjamin Assenmacher, MD, David W. Manning, MD, Michael D. Stover, MD

Introduction: Intraoperative radiographic evaluation during total hip arthroplasty (THA) has shown to improve the accuracy of acetabular component placement, however, differences in interpretation based on radiographic technique has not been established. This study aims to determine if differences exist in the interpretation of acetabular component abduction and anteversion between intraoperative fluoroscopic posterior-anterior hip (FH), intraoperative fluoroscopic posterior-anterior pelvis (FP), and postoperative anterior-posterior pelvis (PP) radiographs.

Methods: 55 consecutive direct anterior THAs in 49 patients over a 6-month period were prospectively enrolled. Target anteversion and abduction was defined by the Lewinnek zone. Fluoroscopy was used to direct acetabular component placement intraoperatively. After final cup implantation, fluoroscopic posterior-anterior hip and pelvis images were obtained for analysis. At the completion of the procedure, an anterior-posterior plain pelvis radiograph was obtained in the operating room. Acetabulum component abduction and anteversion were postoperatively determined using specialized software on each of the three image acquisition methods.

Results: Average acetabular cup abduction for FH, FP, and PP was 40.95±2.87, 38.87±3.82, and 41.73±2.96 degrees, respectively. Target abduction was met on 100%, 100%, and 98% of FH, FP, and PP, respectively. The FP tended to underestimate acetabular cup abduction compared to both the FH and PP (p<0.0001). Average acetabular cup anteversion for FH, FP, and PP was 19.89±4.87, 24.38±5.31, and 13.36±3.52 degrees, respectively. Target anteversion was met on 87%, 64%, and 100% of FH, FP, and PP, respectively. Both the fluoroscopic hip and fluoroscopic pelvis overestimated anteversion compared to the AP pelvis, with a 6.38-degree greater mean value measurement for FH (p<0.0001), and an 11-degree greater mean value measurement for FP (p<0.0001).

Conclusions: Fluoroscopic technique and differences between radiographic projections may result in discrepancies in component position interpretation. Our results support the use of the posterior-anterior hip as the choice fluoroscopic imaging technique.
### Symposium VII

**The New Disease: Taper Corrosion After THA—A State of the Art 2017 Update for AAHKS Members**

**Moderator:** Daniel J. Berry, MD  
**Faculty:** Craig J. Della Valle, MD, Joshua J. Jacobs, MD, Michael P. Bolognesi, MD, Tad M. Mabry, MD

#### Objectives:

1. Understand the current consensus on most common clinical and implant factors associated with taper corrosion.

2. Understand the best diagnostic tests for taper corrosion and how to exclude other diagnoses that may masquerade as taper corrosion.

3. Understand optimal operative methods to treat taper corrosion and to prevent associated complications.

#### Outline:

1. Diagnosing Taper Corrosion: When is it the Taper, When Is It Something Else?, Craig J. Della Valle, MD

2. Why have We Seen More Taper Corrosion in the Last 5 Years? The Implants? The Surgery? Metal Testing?, Joshua J. Jacobs, MD

3. Management of the Implant with Taper Corrosion: What to Change and What to Change it To, Michael P. Bolognesi, MD

4. Complications Associated with Operating on Taper Corrosion, Tad M. Mabry, MD

#### Notes

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Introduction: Femoroacetabular impingement is a recognized cause of early hip osteoarthritis. This is attributed to either a cam impingement caused by a non-spherical head or a pincer impingement caused by excessive acetabular coverage. Although many surgical techniques aim to improve hip range of motion, little normative data exist on dynamic impingement-free hip range of motion (ROM) in asymptomatic individuals. Hip ultrasound can effectively measure ROM by dynamically identifying labral anatomy and femoral morphology. The purpose was to measure impingement-free hip ROM until labral deflection is observed and the maximum degree of sagittal plane hip flexion when further flexion is limited by structural femoroacetabular abutment.

Methods: Fifty-five asymptomatic adult female volunteers between the ages of 21 and 34 years underwent bilateral dynamic hip ultrasound examination. Femoral morphology was characterized and midsagittal flexion passive ROM was measured at two points: (1) at the initiation of labral deformation; and (2) at maximum flexion when the femur impinged on the acetabular rim. Additionally, AP pelvis x-ray was taken to correlate any pathological morphology. The mean age of the subjects was 26 ± 3 years and the mean body mass index was 23 ± 3 kg/m2.

Results: In asymptomatic females, mean impingement-free hip passive flexion measured from full extension to initial labral deflection was 72° ± 8° (95% confidence interval [CI], 70–74). Mean maximum midsagittal passive flexion, measured at the time of bony impingement, was 101° ± 11° (95% CI, 99–103). There was a statistically significant correlation between impingement-free hip flexion and maximum midsagittal flexion (R = 0.665, p < 0.001).

Conclusions: Using dynamic ultrasound, we found that passive ROM in the young asymptomatic female hip was approximately 100°, much less than the motion reported in the literature. Surgical procedures that treat femoroacetabular impingement should be evaluated based on these precise normative data.
Introduction: Factors that improve chances of PAO success include: young age at surgery, absence of intra-articular disease and joint congruency. The aims of this case-control study from were to assess whether the severity of acetabular dysplasia has an effect on outcome following PAO and/or the ability to achieve desired acetabular correction.

Methods: This is an IRB-approved query of a prospective, multicentre, longitudinal cohort of consecutive PAOs. Of the available 381 cases, 61 hips had pre-PAO radiographic features of mild-dysplasia (AI<15° and LCEA>15°) and comprised the cases. The cases were matched for age (p=0.7), gender (p=1), BMI (p=0.9), Tönnis grade pre-PAO (p=0.6) and joint congruency (p=0.9) with a group of controls (n=183) obtained from the remainder of the cohort. Clinical outcomes and complications were compared between the groups. Lastly, the post-PAO LCEA/AI were compared between study cases and controls; optimum correction was LCEA:22°–37° and AI:-5°–+10°.

Results: At a mean follow-up of 4(±1.5) years, the mean improvement in HHS and HOOS were 23(±20) and 28(±23) respectively. 3 hips had undergone a THA and 13 had undergone further procedures. There were 21 major complications. Mildly dysplastic hips had slightly inferior HOOS compared to controls, both pre- (52Vs.59) and post-operatively (73Vs.78); however, similar improvements in HHS and HOOS were seen between the groups. No difference in ability to adequately correct acetabulum was seen (67Vs73%, p=0.4). There was no difference in the complication rate between groups (p=0.5). More major complications were seen in the controls (p=0.01); 19/21 major complications occurred in the controls [excision of HO(3), nerve injury(4), non-union(6), stress fracture(3)].

Conclusion: Functional improvement post-PAO and the ability to achieve optimum fragment correction are independent of preoperative severity of dysplasia. The lack of major nerve injuries, non-unions or ischial stress-fractures in the mildly dysplastics may be related to the smaller degree of fragment mobilization required.
Introduction: The purpose of the current study was to determine (1) the rate of initial and subsequent symptom development in the contralateral hip of patients with symptomatic ipsilateral DDH undergoing a PAO and 2) to identify predictors of the development of symptomatic contralateral hip pain.

Methods: The contralateral hip of 207 consecutive patients presenting for primary surgical treatment of DDH were included prospectively. At baseline clinical presentation and follow-up time points, patients completed outcome questionnaires, including the presence of symptoms in the contralateral hip. Radiographically, Lateral center to edge (LCEA), acetabular inclination (AI) and alpha-angle on the non-operative hip were investigated.

Results: The mean age was 26.8 years. There were 177 females (85%). The mean follow up was 3.1 years (range 2-8 years). The mean LCEA of the contralateral hip was 14.30 (range 0-260), the AI was 13.50 (range -5-260) and the mean alpha angle was 51.60 (range 31.4-1020). Fifty-nine patients (28.5%) presented with symptoms in the contralateral hip at index PAO. At final follow-up, a total of fifty-two patients (25%) underwent a contralateral PAO. These included 23 patients (44%) with contralateral hip symptoms and 29 patients (18%) who were asymptomatic at index PAO. The subgroup of patients who ended with contralateral surgery were younger (24 vs 29 years old) (p=0.004) and had lower LCEAs (16.710 vs 11.870, p=0.001). Risk factors for disease progression included: hip pain at index PAO (p=0.007), positive FADER test (p=0.001) and LCEA <150 (p=0.001).

Conclusions: Patients with contralateral hip pain, a positive FADER test and radiographic feature of severe dysplasia, were at highest risk of disease progression in the contralateral hip. Approximately 28.5% of patients undergoing a PAO, present with symptoms in the contralateral hip. Almost half of these patients (44%) will require a contralateral hip surgery in the following 2 years.
**Paper #48**

**Are There Disease-Specific Articular Cartilage Wear Patterns in Various Pre-Arthritic Hip Disorders?**

**Cecilia Pascual Garrido, MD, George Grammatopoulos, MD, Perajit Eamsobhana, MD, Anchor Group, Jeffrey J. Nepple, MD, Paul E. Beaule, MD, FRCSC, John C. Clohisy, MD**

**Introduction:** The aim of this study was to determine the disease-specific patterns of articular cartilage damage in patients undergoing hip arthroscopy for the treatment of FAI, DDH or combined FAI/DDH pathologies.

**Methods:** A multicenter longitudinal cohort was utilized to identify 1358 patients who underwent a hip arthroscopy (alone or in common with an open procedure) for the treatment of acetabular DDH or/and FAI. The mean patient’s age at the time of surgery was 30.5 (range: 8–68) and there were 944 females (70%). The average BMI was 25 (range: 17–53). Acetabular and femoral head chondromalacia was classified arthroscopically by location and severity. Only lesions grade =2 (malacia, debonding, cleavage and defect) were reported. Radiographic evaluation included: acetabular inclination (AI), lateral center edge angle (LCEA) and alpha angle. Hips were categorized as: DDH (n:466) (LCEA<25-alpha angle<55), DDH+Cam (n: 101) (LCEA<25 and alpha angle >55), Cam FAI (n:466) (LCEA>25-alpha angle >55), Pincer FAI (n:42) (LCEA>35) and Combined Cam/Pincer FAI (n:283) (LCEA>35 and alpha>55).

**Results:** Overall, articular cartilage damage was observed in 90% of the hips. Patients over 20-years-old had significantly more cartilage wear at the acetabulum and femoral head (99% vs 83%) (11% vs 2%) (p<0.001). For all groups, the most commonly affected area was the anterior and superolateral areas in the acetabulum and the anterolateral aspect of the femoral head. Patients with CAM lesions presented significantly (p<0.001) higher wear in the posterior aspect of the acetabulum. The DDH group presented significantly more wear in the posteromedial femoral head (p=0.01).

**Conclusion:** This study shows that there are specific articular cartilage wear patterns in various pre-arthritic hip diseases. A posterior acetabular wear was pathognomonic of Cam lesions. Patients with DDH had a specific pattern of wear in the posteromedial aspect of the femoral head.
Introduction: The acetabulum is a common location for non-primary tumors. When degeneration occurs, total hip arthroplasty (THA) is reasonable. We previously reported the short-term results of tantalum shells to reconstruct non-primary acetabular lesions. The purpose of this study was to investigate the mid-term follow-up in regards to overall implant survival, rates of complications, and patient function.

Method: Fifty-eight patients were treated with a tantalum acetabular component and THA to reconstruct non-primary lesions between 2001 and 2014. The mean age was 62 years with 55% being female. At the time of surgery, the most common diagnoses were metastatic disease (50%) and myeloma (34%). Prior to the surgical procedure, 43 (74%) patients received neoadjuvant radiotherapy. The reconstruction was performed with a tantalum shell alone (n=21; 36%), shell with augments (n=6; 10%), cup-cage (n=23; 40%), and cup-cage with augments (n=8; 14%). All reconstructions were fixed with multiple screws (mean=8). The mean follow-up for surviving patients was 6 years.

Results: At most recent follow-up, none of the acetabular components were revised. Two patients had failure of surgical hardware (pelvic reconstruction plate in one patient and acetabular screw another). Both these patients had a history of a pelvic discontinuity non-union in the setting of radiotherapy. In addition, one patient underwent conversion to a constrained acetabular liner due to recurrent dislocations. Radiographs revealed 13 patients with incomplete radiolucent lines apparent on their immediate postoperative radiographs. Five of these resolved, while two patients had progressive radiolucent lines consistent with disease progression. The mean Harris Hip Score improved from 37 to 72 (p=0.0001).

Conclusion: In patients with periacetabular metastatic and hematological diseases and the need for THA, acetabular reconstruction utilizing a highly porous shell provides patients with a durable means of reconstruction, with no cases of component failure and significant functional improvement at mid-term follow-up.
Do Focal Chondral Defects Lead to Worse Outcomes after Periacetabular Osteotomy?

Michael D. Hellman, MD, Jeffrey J. Nepple, MD, Rafael J. Sierra, MD, Cecilia Pascual Garrido, MD, Anchor Group, John C. Clohisy, MD

Introduction: Periacetabular osteotomy (PAO) is a common surgery to treat pre-arthritic acetabular dysplasia in the young adult. Tönnis grade has been linked to inferior outcomes after PAO. Hip arthroscopy (HA) at the time of PAO is becoming more common, allowing for a minimally invasive approach to address intra-articular pathology. With HA, we are finding and treating more focal chondral defects in hips with otherwise normal Tönnis grades, yet the impact of these lesions on clinical outcomes is unknown. Our objective was to assess the outcomes of patients who underwent HA/PAO with focal chondral defects and compare these outcomes with those of a control group who underwent HA/PAO and did not have focal chondral defect.

Methods: We performed a retrospective review of a multicenter prospectively collected database looking at patients that underwent HA/PAO. We included all hips with minimum 2-year follow-up, Tönnis grade<2 and a Beck chondromalacia stage 4-5. Twenty-eight hips met inclusion criteria. This group was age, sex, and BMI matched 1:1 with a control group with Tönnis grade<2 and Beck stage 0-2. Repeated-measures ANOVA test, included duration of follow-up as a covariate, was used to compare PROs. Cox-regression survival analysis was performed investing risk factors for failure.

Results: Average chondral defect size was 85.2mm²±SD38.7. Fifteen chondroplasties and 6 microfractures were performed. Post-operative center-edge angle was similar between groups (p=0.233). mHHS and HOOS were similar between groups (p=0.967, p=0.774). Tönnis grade did not significantly worsen and was similar between groups (p=0.773). Adjusting for age, labral damage, postoperative a-angle>55, and sex, showed that risk for failure was not higher with defect (HR-1.46 [95%CI, 0.303-7.05], p=.637).

Conclusions: We found that patients with a focal chondral defect did similar to a control group after HA/PAO. We believe that unloading the cartilage through reorientation of the pelvis helps protect these areas from failure.
Symposium VIII

New Technologies in Knee Replacement

Moderator: Robert M. Molloy, MD
Faculty: Michael A. Mont, MD, Seth A. Jerabek, MD, Steven B. Haas, MD, Jess H. Lonner, MD

Objectives:

1. Describe the current state of technologies used in TKA in terms of radiographic alignment and component positioning, and their effect on component survivorship and patient outcomes, as well as to compare these findings to manual TKA

2. Describe current innovations and prospective future improvements in TKA

3. Perform a review of current literature

Outline:

Accuracy and Soft Tissue Protection of Robotic Total Knee Arthroplasty, Michael A. Mont, MD

A Review of Hand-Held Surgical Navigation, Seth A. Jerabek, MD

Robotic Partial Knee Replacement, Steven B. Haas, MD

Next Generation Robotic Technology, Jess H. Lonner, MD

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Paper #51

Two-Year Results of a Randomized Trial of Robotic Surgical Assistance vs. Manual Unicompartmental Knee Arthroplasty

Mark Blyth, MD, FRCS (ORTHO), Bryn Jones, MD, FRCS (ORTHO), Angus MacLean, MD, FRCS (ORTHO), Philip Rowe, PhD

Introduction: We have carried out the first Randomised Controlled Trial (RCT) comparing robotic-assisted and manual Unicompartmental Knee Arthroplasty (UKA). We previously reported that robotic assistance produces significantly more accurate implant positioning, early post-op pain is decreased, and better function at 3 months. We now report on the 2-year clinical outcomes.

Methods: 139 patients were randomised to receive UKA with/without the aid of robotic assistance. Patients were assessed at 3 months and 1, 2 years post-op. Outcome was assessed using the American Knee Society Score (AKSS), Oxford Knee Score (OKS), Pain VAS, Forgotten Joint Score (FJS), complications and adverse events. Subgroup analysis was performed which examined the outcome in more active patients (UCLA Activity Score>5, n=31, 22.3%). Multivariable analysis investigated whether there were any other independent predictors of outcome, other than treatment assignment.

Results: No difference in outcome observed between robotic and manual groups at 2 years for the AKSS (p=0.92). There were no significant differences in either FJS (p=0.94), Pain VAS (p=0.53) or OKS (p=0.97). In patients who were more active prior to surgery, OKS was better in the robotically assisted group at two years (p=0.04). The VAS stiffness (p=0.019) and FJS scores (p=0.017) were also better in the robotic group.

Conclusion: Robotic-assisted surgery in UKA resulted in better early post-operative pain and clinical outcomes, but this difference was not present at two years. The subgroup of patients with increased pre-operative activity levels had improved functional outcomes observed in the robotic assisted UKA group which persisted to 2 years. This is the first RCT to demonstrate functional superiority of robotically assisted UKA in a more active subgroup of patients undergoing surgery for unicompartmental osteoarthritis. The study is limited by the inherent problems associated with subgroup analysis, in a study of this size.
Patients at Risk: Preoperative Opioid Use Affects Opioid Prescribing, Refills and Outcomes after Total Knee Arthroplasty

Joshua Parry, MD, Nicholas M. Hernandez, MD, Tad M. Mabry, MD, Michael J. Taunton, MD

Introduction: The purpose of this study was to evaluate the effect of preoperative opioid use on opioid prescriptions, refills, and clinical outcomes following total knee arthroplasty (TKA).

Methods: A retrospective review identified 113 opioid naïve patients and 53 patients on preoperative opioids who underwent primary TKA with at least one year follow up. Opioid refills, Knee Society Score (preoperative and follow up), morphine equivalent dose (MED) prescribed, and persistent opioid use were compared between groups.

Results: The average total MED prescribed at discharge was 1280 mg, ranging from 0 to 4640 mg. The average daily MED used prior to discharge was greater in the preoperative opioid group compared to the opioid naïve group (90±75 mg versus 53±42 mg; p=0.001), yet the preoperative opioid group was discharged on a smaller average daily MED (125±59 mg versus 156±63 mg; p=0.003) and a smaller total MED prescription (1116±899 versus 1355±605; p=0.04). The preoperative opioid group, compared to the opioid naïve group, required more refills (1.3±1.6 versus 0.4±0.6; p=0.0001), was more likely to remain on opioids (21 (50%) versus 5 (5%), p=0.0001), had lower postoperative KSS (85±11 versus 91±14; p=0.01), and needed more manipulations under anesthesia (4 (8%) versus 1 (1%), p=0.03). Preoperative tramadol users had the same risk of refills, persistent opioid use, reduced KSS scores, and MUA as those taking other opioids.

Conclusions: Preoperative opioid users were discharged with less opioids, required more refills, were more likely to remain on opioids, and required more manipulations under anesthesia than opioid naïve patients. These risks extended to preoperative tramadol users.
Effectiveness of Novel Adjuncts in Multimodal Pain Management Following Total Knee Arthroplasty

Juan C. Suarez, MD, Sumit Kanwar, MD, Manisha Chand, MD, Ahmed Al-Mansoori, MBBS, Colin McNamara, MD, Preetesh D. Patel, MD

Introduction: Postop pain following TKA impairs recovery. Multimodal pain management is used to alleviate pain and reduce narcotic requirements. Newer costly adjuncts including intravenous (IV) acetaminophen and liposomal bupivacaine (LB) have been introduced. We hypothesize that the addition of these to our standard multimodal regimen that includes oral acetaminophen and Ranawat’s periarticular cocktail (SG) could further improve pain relief after TKA and reduce narcotic requirements.

Methods: A prospective randomized clinical trial was conducted with: standard group (SG), perioperative oral acetaminophen with intraoperative periarticular (LB) and perioperative IV acetaminophen with Ranawat’s cocktail (IVA). All patients received same anesthesia and postoperative pain regimen and VTE prophylaxis. Variables analyzed included the Visual Analogue Score (VAS), Total Morphine Equivalents (TME), and the Opioid Related Symptoms Distress Scale (OR-SDS) at 24 and 48hrs. A total of 156 patients were enrolled, 52 per group.

Results: All groups were similar demographically (p>0.05) and no complications occurred in any group. At 24 hours, no difference was seen between VAS and ORSDS (p>0.05) for all groups; however, a significant difference was seen between LB and SG for TME (p=0.04) with LB requiring more narcotics. No significant differences were seen for all outcome measures at 48 hours postoperatively.

Conclusion: The addition of IV acetaminophen or liposomal bupivacaine to our standard multimodal pain management regimen did not provide any advantage for pain relief following TKA. In fact, the LB group required more TME at 24 hrs. Based on our result, we do not recommend the routine use of IV acetaminophen and LB following TKA.
Introduction: Total knee arthroplasty (TKA) in patients with peripheral vascular disease has sparsely been studied. This study examined patient and radiographic factors that could affect reoperation free survival in these patients.

Methods: We retrospectively reviewed 360 TKA procedures performed in 309 patients with diminished or absent pulses on physical exam between January 1, 2004, and December 31, 2013. Ninety-two cases met inclusion criteria. Preoperative ankle brachial index (ABI), date of surgery, sex, age, BMI, tourniquet use, ASA score, presence of preoperative calcifications and follow-up data were obtained. Failure was defined as reoperation. Patients were included if they experienced a failure or had at least two years of follow up. Reoperation free survival was calculated by Kaplan-Meier analysis. Odds ratios were calculated for patient factors; hazard ratios were calculated by Cox regression analysis.

Results: Ninety-two TKAs were included in the study. Mean age was 68.3 years, mean BMI was 32.43, and mean ASA score was 2.43. Tourniquet was used in 77 patients. Mean preoperative ankle-brachial index was 1.016. Eight patients had calcifications on x-ray prior to surgery. Reoperation free survival was 9.378 years. Patients with a preoperative ABI of below 0.7 had shorter reoperation free survival (ABI <0.7, 6.854 years; ABI>0.7, 9.530 years; p =.015). Patients with a preoperative ABI below 0.7 had greater odds of failure and were at higher risk for earlier failure (OR = 6.4 p=0.03, HR =1.668 p=0.047). When corrected for age, sex and BMI, the hazard ratio for patients with a preoperative ABI below 0.7 worsened (HR =1.913 p=0.036). The remaining patient factors produced no statistically significant differences in survivorship, odds of failure, or hazard ratios.

Conclusions: These results suggest that patients who undergo TKA with an ABI of below 0.7 are at increased risk for reoperation and have shorter reoperation free survival.
**Paper #55**

**Formal Physical Therapy may not be Essential Following Unicompartmental Knee Arthroplasty: A Randomized Clinical Trial**

Yale A. Fillingham, MD, Brian T. Darrith, BS, Meredith Crizer, BS, Chris Culvern, MS, Daniel D. Bohl, MD, MPH, Jess H. Lonner, MD, Craig J. Della Valle, MD

**Introduction:** Most surgeons and patients believe that formal physical therapy (PT) is required to achieve optimal outcomes. The purpose of this randomized clinical trial was to determine whether formal outpatient PT provided superior outcomes compared with unsupervised home exercises after unicompartmental knee arthroplasty (UKA).

**Methods:** 52 Patients who had undergone UKA at two centers were randomized to 3 sessions per week of formal PT for 6 weeks or an unsupervised home exercise program that included online access to video demonstrations and instructions of the exercises. The primary outcome was change in range of motion (ROM) at 6 weeks with secondary outcome measures including the total arc of motion, Knee Society Score (KSS), Knee Injury and Osteoarthritis Outcome Score (KOOS) Jr, Lower Extremity Functional Scale (LEFS), and Veterans Rands-12 Score (VR-12). Power analysis determined that 21 patients were required in each group to identify a 10° difference in ROM between groups with an alpha of 0.05 and beta of 0.80. The results were analyzed using a linear multivariate regression with a per-protocol analysis of the patients.

**Results:** 25 Patients received outpatient PT, 22 patients self-directed exercises, and 5 were excluded (3 crossovers from the unsupervised group into the formal PT group within the first two weeks, 1 withdrawal, and 1 lost to follow-up). Pre-operative patient characteristics were similar between treatment groups however the unsupervised group did have greater pre-operative ROM (113° vs. 120°; p=0.02) and higher preoperative KSS (69 vs. 79; p=0.009). There was no difference in the change of ROM between the formal PT and self-directed groups (5.0° vs. 6.6° respectively, p=0.43) or between the total arc of motion at 6-weeks (118° vs. 127° respectively, p=0.17). Likewise, no significant differences were found in the secondary outcomes measures prior to surgery or in the postoperative change. Importantly, two of the crossovers from the unsupervised group required a manipulation under anesthesia at 6-weeks postoperatively.

**Conclusions:** Our results suggest that a self-directed exercise program may be appropriate for most patients following UKA; however, there is a subset of patients who may benefit from formal PT to obtain optimal outcomes. Further research is needed to determine which patients can be managed with a self-directed therapy program and which patients are best served with immediate formal PT.

**Notes**

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**Paper #56**

**Novel Immuno-Based Microbial ID Assays for Organism Detection in Synovial Fluid**

**Carl A. Deirmengian, MD, Megan Carpenter, BS, Marc Arnone, BS, Tony Joaquim, PhD, Daniel Keter, BS, Alexis Smith, BS, James Stave, PhD, Martin Gould, MS, Keith Kardos, PhD**

**Introduction:** New immuno-based synovial fluid Microbial I.D. (MID) assays, which directly detect microbial antigen similar to the antigen test for strep throat, have recently become commercially-available providing a result in <24 hours. The purpose of this study is to report on the diagnostic profile of this assay panel, and evaluate the utility of the test in the setting of culture-negative periprosthetic joint infection (PJI).

**Methods:** A panel of synovial fluid tests to detect Staphylococcus, Candida and Enterococcus spp. was evaluated prospectively for 866 synovial fluid samples using predetermined assay cutoffs. The alpha-defensin (AD) test and Culture (CX) were utilized to define synovial fluid samples as infected (AD+/CX+), not infected (AD-/CX-), and possible culture-negative PJI (AD+/CX-). Diagnostic performance of the assay was assessed.

**Results:** The MID panel was able to reliably confirm the synovial fluid culture results with 94.4% (95%CI: 86.4-98.5%; 68/72) sensitivity among samples that were culture-positive for Staphylococcus, Candida and Enterococcus spp. The MID panel had a very high specificity of 97.9% (95%CI: 96.4-98.9%; 557/569) with only 2.1% (12/569) false-positive results. Most interestingly, among a total of 634 culture-negative samples, the MID panel was positive among 29.2% (19/65; 95%CI: 18.6-41.8%) of samples that were AD(+), but only among 2.1% (12/569) of samples that were AD(-) (P<0.0001). This demonstrates the detection of organisms in the setting of culture-negative infection.

**Conclusion:** The MID assay panel, designed and validated to detect organisms in the setting of PJI, reliably confirmed synovial fluid samples that are culture-positive for Staphylococcus, Candida and Enterococcus spp. Most importantly, the MID panel detected an organism in 29.2% of apparent culture-negative PJIs, with only a 2.1% false-positive rate among aseptic samples. Considering that staphylococcal, candidal, and enterococcal organisms account for 65% of all PJs, we believe that this new technology could have a very significant clinical impact.

◊ The FDA has not cleared the pharmaceuticals and/or medical devices listed here: Zimmer Biomet MID assay panels
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Journal of Hip Preservation Surgery: Editorial or governing board
Knee Society: Board or committee member
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Halyard: Paid consultant
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The American Joint Replacement Registry — the Official Registry of AAHKS — tracks more than one million hip and knee replacement procedures through nearly 1,000 participating institutions and nearly 8,800 surgeons.

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Future AAHKS Meetings

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AAHKS Spring Meeting
MAY 4–5
MIAMI

2018
AAHKS Annual Meeting
NOVEMBER 1–4
DALLAS

2019
AAHKS Annual Meeting
NOVEMBER 7–10
DALLAS

Future AAHKS/The Hip Society/The Knee Society Specialty Days
March 10, 2018
NEW ORLEANS

March 16, 2019
LAS VEGAS