



Outpatient Arthroplasty

Moderator: Michael Bolognesi, MD

Speakers: Michael E. Berend, MD, Michael Bolognesi, MD,
William Hamilton, MD, Jason Hurst, MD

We plan to educate the attendee on the current status of outpatient arthroplasty. We will define the required resources for doing this safely as well as clarify the required pre-operative risk stratification and clearance protocols for patients being considered for this approach. The attendee should understand how to identify these patients based on the material presented. We plan to discuss the difference between hip and knee patients in the outpatient setting as well as the anesthetic techniques required for care delivery in this setting. This discussion will include an explanation of the multimodal pain management that must occur in the peri-operative period in the facility and at home. We will discuss the associated medical issues that can arise in these patients and how they can be minimized. The attendee should understand all of the key issues associated with outpatient arthroplasty not limited to these medical considerations or the changes in practice that are required. We will also include education on what needs to happen to safely get the patients home as an outpatient. This should include the use of a team approach and this symposium will identify all of the key personnel that must play a role. We plan to make great effort to avoid overlap of key concepts across our Faculty and make sure that our symposium covers all of logistical considerations that an orthopaedic surgeon needs to be aware of.

Topic #1: Outpatient Arthroplasty: Patient Selection and Optimization Is the Key
Michael E. Berend, MD

Topic #2: Pain Management and Outpatient Arthroplasty
Michael Bolognesi, MD

Topic #3: Perioperative and Postoperative Management: Anesthesia,
Blood Management and Medical Issues
William Hamilton, MD

Topic #4: How Do You Get the Patients Home Safely? A Team Approach
Jason Hurst, MD