



## 2021 AAHKS Orthopaedic Team Member Course

Friday, November 12, 2021

Hilton Anatole Dallas

Cortez Ballroom

6:30 a.m. – 2:45 p.m.

### Faculty:

Denis Nam, MD, MSc, **Chair**

Christin A. Van Dine, PA-C – **Chair**

Paul A. Coleman, PA-C

Leah I. Dvorkin, PA-C, ATC

Yale A. Fillingham, MD

George N. Guild, MD

Rina Jain, MD, FRCSC

Vasili Karas, MD, MS

Ben Kerns, PA-C

Gwo-Chin Lee, MD

Michael J. Miller, PA-C

Christopher E. Pelt, MD

Brett C. Perricelli, MD

Susanne L. Porter, ARNP

Peter K. Sculco, MD

Vivek M. Shah, MD

Mark J. Spangehl, MD



## AAHKS Orthopaedic Team Member Course Agenda

6:30 – 7:05 a.m.      **Breakfast**

7:05 – 7:15 a.m.      **Welcome to the 2021 Orthopaedic  
Team Member Course!**

Denis Nam, MD, MSc  
Christin A. Van Dine, PA-C

### Session I: Nonoperative Management of Hip & Knee Arthritis; Preoperative Issues Prior to Arthroplasty

**Moderator:** Vasili Karas, MD, MS

7:15 – 7:25 a.m.      Nonoperative Recommendations for Hip and Knee  
Osteoarthritis: Meds, Injections, PT:  
*Evidence of Stem Cells?*

Paul Coleman, PA-C

7:25 – 7:35 a.m.      Indications for Arthroscopy for the Degenerative  
Hip or Knee Joint

Denis Nam, MD, MSc

7:35 – 7:45 a.m.      Medical Optimization for Total Joint Arthroplasty:  
Who, When, and How?

Vasili Karas, MD, MS

7:45 – 8:00 a.m.      **Panel Discussion**

**Moderator:**

Vasili Karas, MD, MS

**Panel Members:**

Paul Coleman, PA-C

Denis Nam, MD, MSc

Christin A. Van Dine, PA-C



## Session II: Knees

**Moderator:** Rina Jain, MD, FRCSC

8:00 – 8:10 a.m.	Indications and Results of UKA: Are Outcomes Actually Better than TKA?	Vivek M. Shah, MD
8:10 – 8:20 a.m.	TKA: The Basics – CR vs. PS; Gap Balancing vs. vs. Measured Resection; Stems?	Denis Nam, MD, MSc
<b><u>Debate: Alignment Targets in Total Knee Arthroplasty</u></b>		
8:20 – 8:26 a.m.	<i>Neutral, Mechanical Alignment Remains the Optimal Target – Affirms</i>	Peter K. Sculco, MD
8:26 – 8:32 a.m.	<i>Neutral, Mechanical Alignment Remains the Optimal Target – Opposes</i>	Denis Nam, MD, MSc
8:32 – 8:40 a.m.	Discussion	<b>Moderator:</b> Rina Jain, MD, FRCSC
<b><u>Debate: Robotics in Total Knee Arthroplasty</u></b>		
8:40 – 8:46 a.m.	<i>Robotic TKA is the Future – Affirms</i>	Mark J. Spangehl, MD
8:46 – 8:52 a.m.	<i>Robotic TKA is the Future – Opposes</i>	Gwo-Chin Lee, MD
8:52 – 9:00 a.m.	Discussion	<b>Moderator:</b> Rina Jain, MD, FRCSC
9:00 – 9:25 a.m.	<b>Panel Discussion:</b> Surgical Options for Knee Osteoarthritis, <b><i>A Case-Based Discussion</i></b>	<b>Moderator:</b> Rina Jain, MD, FRCSC <b>Panel Members:</b> Vivek M. Shah, MD Denis Nam, MD, MSc Peter K. Sculco, MD Mark J. Spangehl, MD Gwo-Chin Lee, MD
9:25 – 9:40 a.m.	Break	



### Session III: Hips

**Moderator:** Christopher E. Pelt, MD

- 9:40 – 9:50 a.m.      THA – The Basics: Cemented vs. Cementless; Stem Designs; Ceramic vs. Cobalt-Chrome; Dual Mobility      Yale A. Fillingham, MD
- 9:50 – 10:00 a.m.      Templating for Total Hip Arthroplasty: Avoiding Pitfalls and Having Back-Up      Christin A. Van Dine, PA-C
- 10:00 – 10:10 a.m.      The Hip-Spine Relationship Simplified: Work-Up and Risk Mitigation      Christopher E. Pelt, MD

**Debate: Anterior vs. Posterior Approach for Total Hip Arthroplasty**

- 10:10 – 10:16 a.m.      *The Anterior Approach is Clearly Superior – Affirms*      Yale A. Fillingham, MD
- 10:16 – 10:22 a.m.      *The Anterior Approach is Clearly Superior – Opposes*      Peter K. Sculco, MD
- 10:22 – 10:30 a.m.      Discussion      **Moderator:**  
Christopher E. Pelt, MD

- 10:30 – 10:55 a.m.      **Panel Discussion**  
Surgical Options for Hip Disease:  
***A Case-Based Discussion – From “Simple” to “Complex”***      **Moderator:**  
Christopher E. Pelt, MD  
**Panel Members**  
Yale A. Fillingham, MD  
Christin A. Van Dine, PA-C  
Peter K. Sculco, MD  
Vasili Karas, MD, MS

10:55 – 11:20 a.m.      Break and Pick-up Lunch

- 11:20 a.m. – 12:20 p.m.      **Working Lunch with PA/RN Panel**      **Moderator:**  
Christin A. Van Dine, PA-C  
**Panel Members:**  
Ben Kerns, PA-C  
Leah I. Dvorkin, PA-C, ATC  
Michael J. Miller, PA-C  
Susanne L. Porter, ARNP  
Paul Coleman, PA-C



## Session IV: Perioperative Hot Topics

**Moderator:** Brett C. Perricelli, MD

12:20 – 12:30 p.m.	Combatting the Opioid Crisis: Multimodal Management and AAOS/AAHKS CPGs	Brett C. Perricelli, MD
12:30 – 12:40 p.m.	Outpatient Total Joint Arthroplasty: Tools for Success	Leah I. Dvorkin, PA-C, ATC
12:40 – 12:50 p.m.	Patient Care Navigation: How Do We Help Our Patients Be Successful?	Susanne L. Porter, PA-C
12:50 – 1:00 p.m.	Is Formal Physical Therapy Necessary? Rehab vs. Home vs. Outpatient vs. Tele	Ben Kerns, PA-C
1:00 – 1:20p.m.	<b>Panel Discussion:</b> Perioperative Hot Topics	<b>Moderator:</b> Brett C. Perricelli, MD <b>Panel Members:</b> Leah I. Dvorkin, PA-C, ATC Susanne L. Porter, PA-C Ben Kerns, PA-C Vasili Karas, MD, MS



## Session V: Complications

**Moderator:** Denis Nam, MD, MSc

1:20 – 1:30 p.m.	Evaluation of the Painful Arthroplasty	Michael J. Miller, PA-C
1:30 – 1:40 p.m.	The Stiff Knee – Diagnosis and Management	Rina Jain, MD, FRCSC
<b><u>Debate: 1-stage vs. 2-stage for Chronic, Periprosthetic Infection</u></b>		
1:40 – 1:46 p.m.	<i>2-Stage Exchange Remains the Gold Standard – Affirms</i>	Vasili Karas, MD, MS
1:46 – 1:52 p.m.	<i>2-Stage Exchange Remains the Gold Standard – Opposes</i>	George N. Guild, MD
1:52 – 2:00 p.m.	Discussion	<b>Moderator:</b> Denis Nam, MD, MSc
2:00 – 2:40 p.m.	<b>Panel Discussion</b> Complications and Intraoperative Disasters – How to Manage? <i>A Case-Based Discussion</i>	<b>Moderator:</b> Denis Nam, MD, MSc <b>Panel Members:</b> Michael J. Miller, PA-C Rina Jain, MD, FRCSC Vasili Karas, MD, MS George N. Guild, MD
2:40 – 2:45 p.m.	Closing Remarks	Denis Nam, MD, MSc Christin A. Van Dine, PA-C

