



AAHKS 2022 ANNUAL MEETING

Orthopaedic Team Member Course

2022 AAHKS Annual Meeting – 6:30 a.m. to 2:45 p.m.

Gaylord Texan Resort and Convention Center

Grapevine, Texas, USA

Faculty:

Denis Nam, MD, MSc, **Chair**

Susanne L. Porter, ARNP, **Co-Chair**

Yale A. Fillingham, MD, **Co-Chair**

Paul A. Coleman, PA-C

Jill A. Erickson, PA-C

Jeanine Gargiulo, PA-C

George N. Guild, MD

Charles P. Hannon, MD

Rina Jain, MD, FRCSC

David S. Jevsevar, MD

Vasili Karas, MD, MS

Ben T. Kerns, PA-C

Gwo-Chin Lee, MD

Neal Mehta, MD

Michael J. Miller, PA-C

Christopher E. Pelt, MD

Brett C. Perricelli, MD

Peter K. Sculco, MD

Vivek M. Shah, MD

Mark J. Spangehl, MD

Sarah Trainor, PA-C



AAHKS Orthopaedic Team Member Course

Agenda

Breakfast and Introduction

6:30 – 7:15 a.m.

6:30 – 7:05 a.m. *Breakfast – served outside of the Course Room.*

7:05 – 7:15 a.m. **Welcome to the 2022 Orthopaedic Team Course**

Denis Nam, MD, MSc
Susanne L. Porter, ARNP

Session I: Preoperative Issues Prior to Hip and Knee Arthroplasty 7:15 – 8:10 a.m.

Moderator: Vasili Karas, MD, MS

7:15 – 7:25 a.m. **The Role of PT and Stem Cells in the Management of Hip and Knee Arthritis – Are They Effective?**

Paul A. Coleman, PA-C

7:25 – 7:35 a.m. **Hyaluronic Acid Injections – Mechanism of Action, Evidence of Effectiveness, Guidelines**

David S. Jevsevar, MD

7:35 – 7:45 a.m. **Medical Optimization for Total Joint Arthroplasty: Who, When, and How?**

Vasili Karas, MD, MS

7:45 – 7:55 a.m. **The Challenge of Opioids in Arthritic Patients**

Denis Nam, MD, MSc

7:55 – 8:10 a.m. **Discussion Panel:**
Paul A. Coleman, PA-C, David S. Jevsevar, MD and
Denis Nam, MD, MSc

Moderator:
Vasili Karas, MD, MS

Session II: Perioperative Hot Topics

8:10 – 9:20 a.m.

Moderator: Susanne L. Porter, ARNP

8:10 – 8:25 a.m. **Multimodal Pain Management – The Evidence for Regional, Types of Blocks**

Neal Mehta, MD

8:25 – 8:35 a.m. **Peri-Articular Injections – What to Inject and Where to Inject It**

Charles P. Hannon, MD

8:35 – 8:45 a.m. **Outpatient Total Joint Arthroplasty – Indications and Keys to Success**

Jill A. Erickson, PA-C

8:45 – 8:55 a.m. **Preoperative Education Class – What to Discuss?**

Susanne L. Porter, ARNP

8:55 – 9:05 a.m. **Incisional Wound Management – Prevention and Treatment of the Draining Wound; Who is High Risk?**

Ben T. Kerns, PA-C

9:05 – 9:20 a.m. **Discussion Panel:**
Neal Mehta, MD, Charles P. Hannon, MD,
Jill A. Erickson, PA-C and Ben T. Kerns, PA-C

Moderator:
Susanne L. Porter, ARNP,



Break

9:20 – 9:40 a.m.

9:20 – 9:40 a.m. *Break – refreshments served outside of the Course Room.*

Session III: Knees

9:40 – 10:50 a.m.

Moderator: Rina Jain, MD, FRCSC

9:40 – 9:50 a.m. **Surgical Approaches to TKA: What Is Minimally Invasive and Does It Make a Difference?** Sarah Trainor, PA-C

9:50 – 10:00 a.m. **Total Knee Arthroplasty with Manual Instrumentation: Explaining the Steps** Vivek M. Shah, MD

10:00 – 10:10 a.m. **Alignment Targets in TKA: What is Mechanical, Kinematic, Functional, Anatomic?** Peter K. Sculco, MD

10:10 – 10:20 a.m. **Robotics in TKA – Why So Many Robots and Is There Evidence?** Mark J. Spangehl, MD

10:20 – 10:30 a.m. **Video Vignettes of a Robotic TKA** Denis Nam, MD, MSc

10:30 – 10:50 a.m. **Discussion Panel:** Sarah Trainor, PA-C, Vivek M. Shah, MD, Peter K. Sculco, MD, Mark J. Spangehl, MD and Denis Nam, MD, MSc **Moderator:** Rina Jain, MD, FRCSC

Lunch Pick-up / Break

10:50 – 11:20 a.m.

10:50 – 11:20 a.m. *Lunch is served outside of the Course Room. Please return to your seat before 11:20 a.m.*

Working Lunch Session

11:20 a.m. – 12:20 p.m.

11:20 a.m. – 12:20 p.m. **Working Lunch – PA & Nursing Panel:** Jill A. Erickson, PA-C, Ben T. Kerns, PA-C, Michael J. Miller, PA-C, Paul A. Coleman, PA-C, Jeanine Gargiulo, PA-C, and Sarah Trainor, PA-C **Moderator:** Susanne L. Porter, ARNP

**Session IV: Hips****12:20 – 1:20 p.m.****Moderator:** Christopher E. Pelt, MD

12:20 – 12:30 p.m.	Cemented Total Hip Arthroplasty: A Lost Art or Not Necessary?	Gwo-Chin Lee, MD
12:30 – 12:40 p.m.	Dual Mobility Bearings in THA: Improved Stability or Cause for Concern?	Brett C. Perricelli, MD
12:40 – 12:50 p.m.	The Hip-Spine Relationship Simplified: Work-up and Risk Mitigation	Christopher E. Pelt, MD
12:50 – 1:00 p.m.	Anterior Approach Total Hip Arthroplasty: The Pros and Cons	Yale A. Fillingham, MD
1:00 – 1:20 p.m.	<i>A Case-Based Discussion Focusing on Stem, Bearing, and Approach Choice</i> Discussion Panel: Brett C. Perricelli, MD, Yale A. Fillingham, MD and Denis Nam, MD, MSc	Moderator: Christopher E. Pelt, MD

Session V: Complications**1:20 – 2:40 p.m.****Moderator:** Yale A. Fillingham, MD

1:20 – 1:30 p.m.	Evaluation of the Total Knee Arthroplasty: Working Through a Differential Diagnosis	Michael J. Miller, PA-C
1:30 – 1:40 p.m.	Work-Up and Diagnosis of Periprosthetic Infection: Updated Guidelines	Denis Nam, MD, MSc
1:40 – 1:50 p.m.	The One-Stage Exchange for Joint Infections: Is the Evidence There?	George N. Guild, MD
1:50 – 2:00 p.m.	The Stiff Knee – Diagnosis and Management	Rina Jain, MD, FRCSC
2:00 – 2:10 p.m.	The Unstable Hip – Diagnosis and Treatment	Jeanine Gargiulo, PA-C
2:10 – 2:40 p.m.	<i>The Management of Intraoperative and Postoperative Complications – A Case-Based Discussion</i> Discussion Panel: Michael J. Miller, PA-C, Denis Nam, MD, MSc, George N. Guild, MD, Rina Jain, MD and Jeanine Gargiulo, PA-C	Moderator: Yale A. Fillingham, MD

Adjournment**2:40 – 2:45 p.m.**

2:40 – 2:45 p.m.	Course Wrap-Up and Adjourn	Denis Nam, MD, MSc Susanne L. Porter, ARNP
------------------	-----------------------------------	---