

Patient Feedback

Compared to your other medical and surgical experiences, how did the mymobility app affect this experience?

↑
80%

Answered Better or **MUCH** Better

Compared to your other medical and surgical experiences, how did the mymobility app affect the anxiety you felt with this surgical experience?

↑
63%

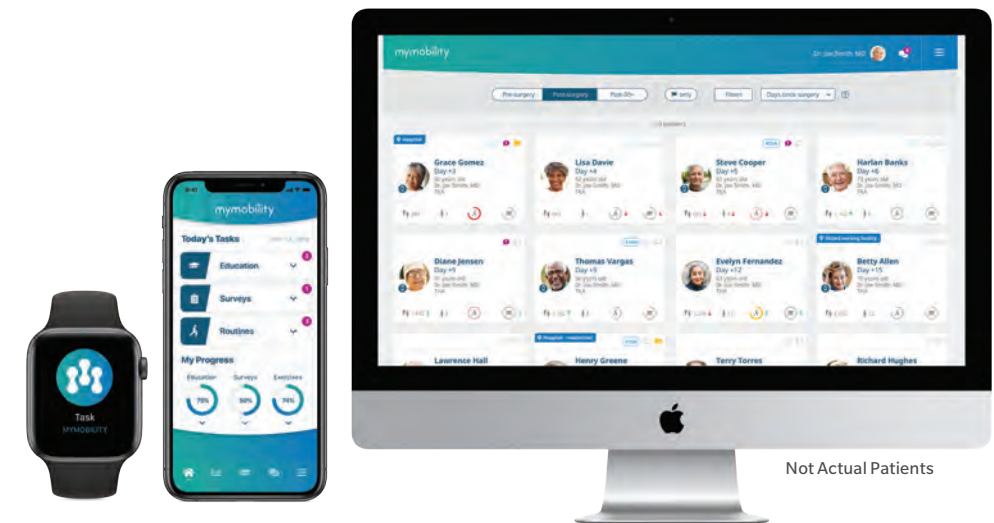
Answered Better or **MUCH** Better



mymobility Clinical Study Preliminary Data. Patients completing survey through 08/04/2020. Questions answered between 14 and 44 days post op. Study ongoing.

This material is intended for healthcare professionals. Distribution to any other recipient is prohibited. Zimmer Biomet does not practice medicine. For indications, contraindications, warnings, precautions, potential adverse effects and patient counselling information, see the package insert or contact your local representative; visit www.zimmerbiomet.com for additional product information. Patients must have a compatible smart phone to utilize mymobility. Not all patients are candidates for the use of this product and surgeons should evaluate individually to determine which patients are appropriate for therapy at home. All names used in the mymobility app examples are fictitious. No identification with actual patients or health care professionals is intended or should be inferred. Apple, Apple Watch, iPhone and Mac are trademarks of Apple Inc., registered in the U.S. and other countries. © 2020 Zimmer Biomet

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Not Actual Patients

mymobility® with Apple Watch®

by  ZIMMER BIOMET

Transforming the Standard of Care

mymobility with Apple Watch is a digital care management platform that uses iPhone® and Apple Watch to help you deliver support and guidance to your patients through a connected experience. mymobility delivers continuous data and patient-reported feedback to facilitate care, outcomes and satisfaction about your patients' surgical preparation and recovery.



Knee



Hip



Shoulder



Sports Medicine



Foot & Ankle



Spine



Intended to Increase Patient Engagement and Compliance

mymobility and Apple Watch work together to keep patients engaged in their surgical journey, allowing patients to better understand their condition and take an active role in optimizing their surgical experience.

- Procedure-specific protocols are delivered directly to patients, and reminder notifications help to keep them on track
- Encrypted messaging and video allows surgeons and care teams to easily connect with patients throughout pre- and post-operative activities
- Timely, easy to follow education available in-app reduces the traditional overload of paper process



Collect and Monitor Objective Data that Leads to Clinical Insights

- Platform for patient management and passive data collection through Apple Watch
- Provides clinical and operational insights to support the patient's surgical preparation and recovery
- Tracks patient progress through remote monitoring, PROMs collection, engagement and adherence



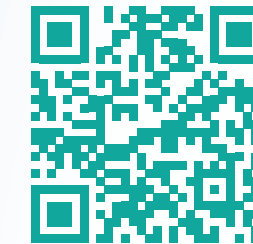
Intended to Reduce Variability of Care

- Provides active and engaging education and exercise direction with the customizable mymobility protocols
- Ensures your patients receive your guidance throughout the entire episode of care.

OrthoIntel

powered by ROSA® Knee & mymobility®

OrthoIntel Orthopedic Intelligence Platform, connects the pre-, intra- and post-operative data gathered through the mymobility application and ROSA Knee to help uncover new clinical insights throughout the episode of care.



Scan the code or go to www.zimmerbiomet.com/mymobility to learn more about how mymobility with Apple Watch is setting a new standard in digital health.

